

**Mid Lancs T&F League
Medal Meeting
Stanley Park Arena, Blackpool, 24th August 2024**

Results for Southport Waterloo athletes.

Female

Male

Under 13s

100m	PB	Lewis McIlroy	13.2
200m		Lewis McIlroy	27.4
800m		Lewis McIlroy	2:22.2
1500m		James McGrory	4:47.5

Under 15s

1500m	Lauren Silcox	5:21.4	100m	Jack Nelson	12.8
			400m	Liam Yates	54.8
			1500m	Harry Lavery	5:45.9
			High Jump	Jack Nelson	1.50
			Long Jump	Jack Nelson	5.17
			Shot	Matthew Nuttall	9.51
			Discus	Matthew Nuttall	19.86
			Javelin	Matthew Nuttall	27.59

Under 17s

100m	Josh Tan	11.3
	Jake Anders	11.9
200m	Josh Tan	23.5
	Jake Anders	24.8
Long Jump	Jake Anders	4.76

Under 20s

100m	SB	Sierra Jalloh	12.7	100m	Daniel Mageer	21.2
		Ella McDonough	22.5	200m	Daniel Mageer	51.9
		#NAME?	27.7	Shot 6kg	Daniel Mageer	5.16
200m		Sierra Jalloh	26.3			
		Ella McDonough	58.0			
	PB	Nell Rooney	61.9			
Shot		Ella McDonough	2.88			
		Nell Rooney	2.48			

Seniors

100m		Isabelle Procter	25.9	100m	SB	Chris Burgess	12.0
200m		Isabelle Procter	66.4			Dominic Alden	16.5
Shot	SB	Katy Coupland	6.87			Ethan Mullin	20.1
		Isabelle Procter	3.61	200m	SB	Graham Boreham	24.6
Discus		Katy Coupland	24.40			Chris Burgess	25.3
Javelin	SB	Katy Coupland	17.53		SB	Dominic Alden	35.6
					PB	Ethan Mullin	46.5
				400m		Graham Boreham	54.6
				800m	SB	Marc Singer	2:15.1
				Shot		Lee Coupland	6.98
						Dominic Alden	4.26
						Ethan Mullin	3.59
				Discus	SB	Lee Coupland	21.48
				Javelin		Lee Coupland	24.89