

Mid Lancs T&F League

UCLAN Arena, Preston, 3rd August 2024

Results for Southport Waterloo athletes.

Female

Male

Under 13s

100m		Lewis McIlroy	13.5
200m	PB	Lewis McIlroy	26.8
800m	PB	Lewis McIlroy	2:24.5

Under 15s

200m		Phoebe Mangan	28.9	800m	PB	Liam Yates	2:12.3
1500m	PB	Lauren Silcox	5:10.7	High Jump	=PB	Jack Nelson	1.50
				Long Jump		Jack Nelson	5.21
				Shot	PB	Matthew Nuttall	10.60
				Discus		Matthew Nuttall	20.25
				Javelin		Matthew Nuttall	28.21

Under 17s

100m		Josh Tan	11.3
200m		Josh Tan	23.0
		Oliver Storey	25.4
400m		Luke Ward	53.3
1500m		Liam McCormick	4:35.6
		Will Rothwell	4:38.8

Under 20s

100m	SB	Olivia Morgan	13.0
200m	=PB	Olivia Morgan	26.4
		Amber Hughes	26.6
Shot		Amber Hughes	9.51
Javelin		Amber Hughes	26.87

Seniors

100m	SB	Chris Burgess	12.3
200m	SB	Chris Burgess	24.9
		Graham Boreham	24.9
400m		Graham Boreham	54.4
800m	SB	Marc Singer	2:15.7