

Northern T&F League, West Premier, Match 2

Litherland on 15th June 2024

Results for Southport Waterloo athletes

Women				Men			
100m	Renee Adams	12.5	A1	100m	Josh Tan	11.4	A4
	Sierra Jalloh	12.6	B1		Ben Turner-Bone	11.2	B1
200m	Renee Adams	25.6	A3	200m	Ben Turner-Bone	23.0	A3
	Sierra Jalloh	25.9	B1		Josh Tan	23.2	B1
400m	Olivia Morgan	61.9	A3	400m	Graham Boreham	54.4	A4
	Scarlett Adderley	63.7	B3		Will Rothwell	57.9	B4
800m	Apphia Keenan	2:56.8	A6	800m	Graham Boreham	2:03.6	A5
1500m	Emily Dean	5:22.5	A5		Will Rothwell	2:08.6	B6
	Katie Lee	5:45.3	B4	1500m	George Ingram	4:23.6	A5
3000m	Katie Lee	12:24.9	A5		Ben Johnson	4:24.0	B3
100m H	Lauren Byrne	16.8	A3	5000m	Ben Johnson	15:42.9	A2
	Amber Hughes	18.0	B2		David Hamilton	17:20.7	B3
400m H	Amber Hughes	70.2	A2	110m H	Sam Coupland	16.0	A2
	Emily Dean	75.0	B2		Steve Wilkinson	24.8	B3
2000m S/c	Not held			400m H	Jonathan Pilkington	64.3	A2
4x100m	RA, EM, LB, AH	51.1	2nd		Oliver Storey	68.0	B1
4x400m	OM (63.7), SA (63.2), ED (67.7), SJ (60.6)	4:18.5	1st	3000m S/c	Not held		
Pole Vault	-			4x100m	JT, CB, JA, AB	45.9	2nd
High Jump	Lauren Byrne	1.45	A4	4x400m	GB (55.5), JP (55.8), GI (54.5), SC (51.7)	3:37.5	4th
	Scarlet Adderley	1.35	B2	Pole Vault	Sam Coupland	3.60	A2
Long Jump	Lauren Byrne	4.68	A3		Adam Byrne	3.30	B1
	Amber Hughes	4.00	B2	High Jump	Sam Coupland	1.70	A1
Triple Jump	-			Long Jump	Sam Coupland	6.74	A2
Shot	Lauren Byrne	9.79	A2		Adam Byrne	5.95	B1
	Amber Hughes	8.55	B2	Triple Jump	Sam Coupland	11.17	A3
Discus	Katy Coupland	25.90	A3		Jake Anders	9.12	B5
	Lola Armstrong	18.92	B2	Shot	John Byrne	8.61	A4
Javelin	Lola Armstrong	22.11	A6		Chris Burgess	8.12	B4
	Apphia Keenan	8.51	B5	Discus	Lee Coupland	19.02	A6
Hammer	Katy Coupland	15.51	A6		John Byrne	16.48	B5
	Lola Armstrong	15.28	B3	Javelin	Sam Coupland	34.88	A5
					Adam Byrne	29.85	B4
				Hammer	John Byrne	15.75	A6
					Lee Coupland	14.95	B5