

Part I: Athletics Word Search

R	U	N	N	I	N	G	C	L	U	B	C
Y	I	Y	B	W	O	U	Q	U	A	L	T
B	A	C	E	N	M	N	D	U	I	O	A
I	L	A	N	U	M	O	I	I	M	C	P
L	F	E	L	K	A	I	M	O	T	K	E
U	E	I	O	T	N	A	N	E	O	S	A
S	N	R	U	R	N	C	N	E	P	R	T
E	N	I	L	E	V	A	J	I	O	M	T
T	W	E	F	N	N	T	K	O	L	N	O
I	A	D	J	O	I	E	N	I	E	N	G
P	C	T	O	P	S	I	C	K	V	I	T
D	U	L	P	M	S	P	O	U	A	H	L
N	B	B	U	P	H	A	E	T	U	C	D
A	O	E	I	B	Q	S	I	D	L	T	E
S	D	H	C	U	V	R	O	S	T	A	S
W	H	Y	T	R	T	E	N	U	O	W	C
I	C	I	H	A	S	E	S	L	E	P	C
S	F	I	L	A	R	N	I	T	F	O	T
R	E	L	A	Y	B	A	T	O	N	T	T
T	S	C	O	M	P	E	M	T	E	S	H

Can you find 10 words or phrases related to athletics?

Part II: Test your T&F knowledge

- What is the longest track event run in lanes?
400m
- Do I have to wear spiked shoes when competing?
No, you can even go barefooted
- Marcus will be 15 on 3rd September 2018. What age group will he compete in for (a) track & field this summer and (b) cross country next winter?
(a) U15 (b) U15
- How old does a girl have to be to run both 800m and 1500m in the same meeting?
U17, inc 14 year olds if 15 by 31st August
- In UKA competition, all females use a 1 kg discus. True or False?
No, U13s 75gms
- In a 4 x 100m relay race, Team B's 2nd runner started his run 9 metres outside the take-over box. Team B's 4th runner dropped the baton but managed to pick it up in the adjoining lane without impeding anyone and went on to win the race. Should Team B be disqualified?
No
- Which is longer; 1 Mile or 1500m?
1 Mile
- If 11 athletes enter for a 100m championship on a 6-lane track, how would you select the finalists?
2 heats, 1st 2 in each heat + 2 fastest losers go to final
- The club record for U13 Boys' 3.25 kg shot set in 2001 is unlikely to be beaten. Why?
Weight has now changed to 3 kgs
- What do the initials EDM and FSE stand for
Electronic Data Measurement; False Start Equipment

Part III: Where was this?

Team:

Can you name these venues where club members competed in team competition in 2018?

- 1 Barden Lane Track
- 2 Leigh Sports Village
- 3 Towneley Park
- 4 Robin Park Arena
- 5 Harewood House Estate
- 6 Litherland Sports Park
- 7 Kingsway Leisure Centre
- 8 Delamere Forest
- 9 Market Street Track
- 10 Pendle Hill
- 11 Sheepmount Stadium
- 12 Wilson Playing Fields
- 13 Stanley Park
- 14 Bebington Oval
- 15 Preston Sports Arena

Southport Waterloo AC

Awards Presentation Evening

Awards Presentation Evening
2018

QUIZ