

1991	6.74 Miles	1992	7.31 Miles	1993	7.31 Miles	1995	
34.36	B Masya	40.52	R Berry	43.07	G Kenney	41.08	K Taylor
36.46	D Soden	43.16	G Finch	43.18	T Bolland	41.46	M Jones
37.28	G Helme	43.39	R Cary	44.26	M Jones	43.00	R Cary
37.46	S Davenport	44.15	P Jackson	44.26	C Pedder	43.05	G Helme
38.00	T Bolland	44.19	C Hughes	45.18	K Wood	44.10	C Pedder
38.09	S James	44.28	S Russell	45.28	C Wolfarth	44.48	S Wilkinson
38.49	P Jackson	44.30	C Wolfarth	46.20	G Finch	44.55	D Farrington
39.23	R Seddon	44.36	A Crimp	46.22	M Cunningham	44.55	D Farrington
39.46	K Wood	44.36	A Crimp	46.57	A Crimp	45.56	S Russell
40.30	A Willocks	45.39	A Bowker	47.20	A Cunningham	46.05	B Gow
41.04	C Sweeney	46.40	S Wilkinson	48.02	S Russell	47.01	M Ashby
41.42	T Marshall	46.45	J Taylor	48.32	B Gow	47.58	A Quickfall
41.58	G Caton	47.39	N Cochrane	49.04	M Ashby	48.01	D Walsh
42.17	A Bowker	47.51	R Scott	49.16	J Singleton	48.13	C Wolfarth
42.18	J Singleton	47.55	M Walker	49.19	G Caton	48.21	P Smith
42.19	M Ashby	48.06	G Pilkington	49.20	N Cochrane	49.13	J Taylor
42.33	K Corcoran	48.17	B Murrow	49.20	C Lyon	49.21	S Caton
42.47	J Burke	48.26	P Gawthorne	50.07	A Hudson	49.48	W Coppelov
44.16	S Wilkinson	48.52	N Barnwell	50.22	N Barnwell	50.59	A Bowker
44.20	M Allen	48.59	I Knight	50.48	A Bowker	51.15	D Owen
44.33	J Sharrock	49.12	D Evans	50.48	A Willocks	51.27	D Owen
44.35	K Wallbank	49.15	T Marshall	50.53	M Watson	52.43	D Aspinall
44.37	M Watson	49.34	W Coppelov	51.20	N Thompson	53.13	D Evans
44.46	R Burrow	49.45	J Singleton	51.21	S Wilkinson	53.15	G Caton
44.51	B Murrow	49.45	J Singleton	51.44	W Coppelov	53.29	P Owen
45.10	A Meadow	50.11	J Burnett	51.46	M Roughneen	53.38	A Willocks
45.11	K Harrison	50.28	A Willocks	52.11	T Maguire	54.02	R Leyland
45.22	J Bleasdale	50.53	D Gill	52.40	D Hood	54.07	P Ganon
45.58	A Hudson	51.02	D Hood	52.42	J Wright	54.09	B Grice
45.58	J Burnett	51.04	A Hudson	53.03	G Goral	54.15	N Thompson
46.06	S Jacques	51.05	P Smith	53.48	R Hegarty	55.21	A Smith
46.29	J Wright	51.12	D Grady	54.05	P Owen	55.50	R Scott
46.44	M Peacock	51.20	D Aspinall	54.22	J Cribb	57.04	R Bowker
47.15	B Kelly	51.20	R Hudson	54.27	C Cutner	57.31	P Rotherham
47.20	D Pilkington	52.00	R Hudson	54.43	A Clarke	57.22	N Butler
47.51	B Grice	52.09	J Wright	54.59	J Bleasdale	57.43	N Sinclair
47.55	J McDermott	52.37	N Sinclair	55.11	P Smith	58.01	E Walsh
49.10	F Cole	52.44	D Freeman	55.14	D Aspinall	58.46	C Bolland
49.28	T Mitchell	53.04	M Phillips	55.44	B Grice	59.23	M Walsh
49.31	P Jones	53.13	J Sharrock	56.04	P Gawthorne	60.53	R Little
49.45	N Marshall	53.36	A Brookfield	56.06	N Sinclair	60.28	S Waters
50.43	V Missen	53.54	J Bond	56.51	D Lea	62.33	J Jennings
51.04	A Wood	54.02	C Cutner	56.55	A Wood	62.38	S Marshall
51.05	Y Turner	54.14	B Grice	56.56	M Peacock	64.54	N Marshall
51.10	D Evans	55.53	M Peacock	59.14	S Blackburn	64.59	S Rimmer
51.13	J Pendleton	56.20	M Dolman	59.41	S Bonney	64.59	D Lipsey
51.27	J Cox	56.21	B McWilliam	60.36	C Lyon	66.25	B Rothwell
51.46	C Farrell	56.39	N Marshall	60.58	M Callaghan	69.23	J Pendleton
51.55	C Howard	56.51	R Cousins	60.58	W Callaghan		
52.22	LHyland	57.45	T Clarke	61.40	A Sides		
53.01	D Sheedy	58.21	J McBeath	61.52	C Watson		
53.26	C Lyon	59.13	P Ashby	61.54	J McBeath		
53.26	A Scott	59.13	P Ashby	62.40	N Marshall		
54.20	P Barlow	59.13	L Hyland	62.45	S Marshall		
54.34	E Manning	62.16	E Manning	62.52	R Leyland		
56.19	S Marshall	62.26	T Sinclair	64.13	M Dolman		
58.23	S Buxton	63.09	N Butler	64.46	M Archibald		
58.28	A Wilson	67.09	S Bonney	64.59	N Butler		
59.25	M Hughes	67.10	T Ball	65.55	J Brigg		
59.56	L Marshall	68.04	R Little	66.38	A Tilbrooke		
62.50	G Cox	68.09	R Clayton	66.53	M Archibald(L)		
		69.20	L Peacock	67.24	S Buxton		
		81.35	P Tilbrooke	68.28	R Little		
		81.35		71.50	M Walsh		