

Waterloo 15k Race

7th May 2007

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which sex Both from age 0 to age 99

How many results per page 500

[Show Results](#)**All Results - All Ages : position 1 to 500**

pos in selected range	pos in race	pos in age group	pos in sex	name	club	time	mins/mile	mins/km
1	1st	1st u/40M	1st M	Paul Freary	Belgrave	49:58	5m21s	3m19s
2	2nd	2nd u/40M	2nd M	Mike Halman	Wimslow	50:25	5m24s	3m21s
3	3rd	3rd u/40M	3rd M	James Meldrum	LivpoolH	52:48	5m39s	3m31s
4	4th	1st M40	4th M	Malcolm Fowler	Wimslow	52:59	5m41s	3m31s
5	5th	4th u/40M	5th M	Rob Dewhurst	LivpoolH	53:42	5m45s	3m34s
6	6th	2nd M40	6th M	Joey Parkinson	LivpoolH	54:03	5m47s	3m36s
7	7th	5th u/40M	7th M	David Hamilton	SptWloo	54:58	5m53s	3m39s
8	8th	1st M50	8th M	Tom McGaff	Wimslow	55:22	5m56s	3m41s
9	9th	3rd M40	9th M	John Sprackland	SptWloo	55:33	5m57s	3m42s
10	10th	4th M40	10th M	Nigel Grant	PennyLn	56:51	6m05s	3m47s
11	11th	6th u/40M	11th M	Gerard Lenehan		57:08	6m07s	3m48s
12	12th	2nd M50	12th M	Chris Pedder	Newburgh	57:22	6m09s	3m49s
13	13th	1st M45	13th M	Rick Bowker	SptWloo	57:38	6m10s	3m50s
14	14th	7th u/40M	14th M	Kevin Renton	LivUnTr	57:41	6m11s	3m50s
15	15th	2nd M45	15th M	Steve Smith		57:47	6m11s	3m51s
16	16th	5th M40	16th M	Tony Lawlor	Robyrn	58:26	6m16s	3m53s
17	17th	8th u/40M	17th M	Alan Ashton	LivpoolH	58:37	6m17s	3m54s
18	18th	6th M40	18th M	Peter Cruise	WeshamRR	58:57	6m19s	3m55s
19	19th	7th M40	19th M	David Edwards	Liv RC	59:04	6m20s	3m56s
20	20th	9th u/40M	20th M	Mark Caton	Liv RC	59:18	6m21s	3m57s
21	21st	8th M40	21st M	Steve Dempsey	Wimslow	59:19	6m21s	3m57s
22	22nd	10th u/40M	22nd M	David Pownall		59:22	6m22s	3m57s
23	23rd	11th u/40M	23rd M	Mark Hargreaves	LivpoolH	59:23	6m22s	3m57s
24	24th	1st M55	24th M	Tony Hulme	Wimslow	59:33	6m23s	3m58s
25	25th	12th u/40M	25th M	Ian Palin	Liv RC	1:00:12	6m27s	4m00s
26	26th	13th u/40M	26th M	Martin Cooke	PembSeft	1:00:28	6m29s	4m01s
27	27th	1st u/35L	1st L	S Dean-Howard	SptWloo	1:00:29	6m29s	4m01s
28	28th	9th M40	27th M	Peter Roome	SptWloo	1:00:38	6m30s	4m02s

28	29th	3rd M50	28th M	Roy Woodland		1:00:51	5m31s	4m03s
30	30th	14th u/40M	29th M	Guy Roberts	MossleyH	1:00:59	5m32s	4m03s
31	31st	4th M50	30th M	Anthony Motcarle	MossleyH	1:01:02	5m32s	4m04s
32	32nd	10th M40	31st M	Ian Smallwood	Wimslow	1:01:07	5m33s	4m04s
33	33rd	15th u/40M	32nd M	David Ian Quinn	LivpoolH	1:01:17	5m34s	4m05s
34	34th	11th M40	33rd M	John Crook	SkernBoun	1:01:21	5m34s	4m05s
35	35th	16th u/40M	34th M	Chris Dunn	SprWoo	1:01:24	5m35s	4m05s
36	36th	3rd M45	35th M	Paul Hannon		1:01:28	5m35s	4m05s
37	37th	17th u/40M	36th M	Rob Williams	Liv RC	1:01:35	5m36s	4m06s
38	38th	1st M65	37th M	Steve James	SprWoo	1:01:39	5m36s	4m06s
39	39th	6th M45	38th M	Ian Dadds	SprWoo	1:01:48	5m37s	4m07s
40	40th	1st L35	2nd L	Jane Clarke	Wimslow	1:01:53	5m38s	4m07s
41	41st	18th u/40M	39th M	Mark Bate	Wimslow	1:01:55	5m38s	4m07s
42	42nd	19th u/40M	40th M	Paul Jameson		1:01:56	5m38s	4m07s
43	43rd	20th u/40M	41st M	Craig Bradbury	Ashey	1:01:59	5m38s	4m07s
44	44th	12th M40	42nd M	Robert Burke	Liv RC	1:02:02	5m39s	4m08s
45	45th	1st M60	43rd M	Chris Slavin	Liv RC	1:02:02	5m39s	4m08s
46	46th	21st u/40M	44th M	Keith Middleman		1:02:06	5m39s	4m08s
47	47th	5th M45	45th M	Robert Parker	LivpoolH	1:02:17	5m40s	4m09s
48	48th	5th M50	46th M	Ray Handley	SprWoo	1:02:18	5m40s	4m09s
49	49th	22nd u/40M	47th M	Robin Haggart		1:02:19	5m41s	4m09s
50	50th	13th M40	48th M	Paul Manow	Liv RC	1:02:20	5m41s	4m09s
51	51st	6th M45	49th M	A Crooke		1:02:26	5m41s	4m09s
52	52nd	23rd u/40M	50th M	Greg Anthony		1:02:33	5m42s	4m10s
53	53rd	24th u/40M	51st M	Nev Chester	LivpoolH	1:02:47	5m44s	4m11s
54	54th	14th M40	52nd M	Peter Bohan		1:02:50	5m44s	4m11s
55	55th	7th M45	53rd M	Steve Smith	Wimslow	1:02:57	5m45s	4m11s
56	56th	8th M45	54th M	Tony Jackson	Newburgh	1:03:11	5m46s	4m12s
57	57th	25th u/40M	55th M	Phil Iddor	Cherney**	1:03:17	5m47s	4m13s
58	58th	26th u/40M	56th M	Paul Banks		1:03:27	5m48s	4m13s
59	59th	1st L50	3rd L	Sue Cooper	SprWoo	1:03:29	5m48s	4m13s
60	60th	9th M45	57th M	Keith Scovell		1:03:32	5m48s	4m14s
61	61st	27th u/40M	58th M	Roy Thomas	Liv RC	1:03:33	5m49s	4m14s
62	62nd	28th u/40M	59th M	Steve Nis	Liv RC	1:03:36	5m49s	4m14s
63	63rd	15th M40	60th M	Marion Hurrell	PennyLn	1:03:38	5m49s	4m14s
64	64th	16th M40	61st M	Michael Briggs		1:03:44	5m50s	4m14s
65	65th	29th u/40M	62nd M	Kevin Glover		1:03:48	5m50s	4m15s
66	66th	10th M45	63rd M	Ian McNeill	PennyLn	1:03:52	5m51s	4m15s
67	67th	17th M40	64th M	Andy Duffield	WestChes	1:03:53	5m51s	4m15s
68	68th	2nd u/35L	4th L	Manna Al	LivpoolH	1:04:10	5m52s	4m16s
69	69th	30th u/40M	65th M	Phil Owen		1:04:11	5m53s	4m16s
70	70th	2nd M55	66th M	Geoff Gilbert	Wimslow	1:04:19	5m53s	4m17s
71	71st	18th M40	67th M	Anthony Chadwick	Liv RC	1:04:27	5m54s	4m17s
72	72nd	19th M40	68th M	P McCarthy		1:04:29	5m55s	4m17s
73	73rd	20th M40	69th M	Mike Cunningham	SprWoo	1:04:30	5m55s	4m18s
74	74th	21st M40	70th M	Marin Lynch		1:04:32	5m55s	4m18s
75	75th	22nd M40	71st M	Andy Hudson	SprWoo	1:04:36	5m55s	4m18s
76	76th	31st u/40M	72nd M	Adam Hams		1:04:37	5m55s	4m18s
77	77th	32nd u/40M	73rd M	Paul McKeivin		1:04:38	5m55s	4m18s
78	78th	11th M45	74th M	Stephen Brown	IQMVar	1:04:49	5m57s	4m19s
79	79th	33rd u/40M	75th M	George Perce	Liv RC	1:04:53	5m57s	4m19s

80	60th	17th M45	76th M	Janis Rees		1:04:56	6m57s	4m19s
81	61st	34th u40M	77th M	Aun Cuff	Liv RC	1:04:58	6m58s	4m19s
82	62nd	13th M45	78th M	Larry Wilson	Manch H	1:05:11	6m59s	4m20s
83	63rd	8th M50	79th M	Andrew Bowker	SptWoo	1:05:13	6m59s	4m20s
84	64th	35th u40M	80th M	Steve Hill	Liv RC	1:05:15	6m59s	4m21s
85	65th	14th M45	81st M	William Merritt	Liv RC	1:05:15	6m59s	4m21s
86	66th	23rd M40	82nd M	Boyd Park	SptWoo	1:05:17	7m00s	4m21s
87	67th	36th u40M	83rd M	Colin Smyth		1:05:25	7m01s	4m21s
88	68th	24th M40	84th M	Bob Buck		1:05:27	7m01s	4m21s
89	69th	15th M45	85th M	Ian Kishaw	SptWoo	1:05:35	7m02s	4m22s
90	70th	7th M50	86th M	Paul Ayres	Wimslow	1:05:39	7m02s	4m22s
91	71st	37th u40M	87th M	Dave Bari	LivpoolH	1:05:44	7m03s	4m22s
92	72nd	38th u40M	88th M	Phil Johnston		1:05:49	7m03s	4m23s
93	73rd	25th M40	89th M	Nel Taylor	SkemBour	1:05:51	7m03s	4m23s
94	74th	39th u40M	90th M	Rob Newsham		1:05:54	7m04s	4m23s
95	75th	8th M50	91st M	Steve Hollis	RRunners	1:05:55	7m04s	4m23s
96	76th	26th M40	92nd M	Ann Eggington	SptWoo	1:06:00	7m04s	4m24s
97	77th	1st u40	93rd M	Loanne Wilson	SptWoo	1:06:08	7m05s	4m24s
98	78th	2nd M60	93rd M	John Rataffie	Tattenhl	1:06:09	7m05s	4m24s
99	79th	40th u40M	94th M	David Walker		1:06:12	7m06s	4m24s
100	80th	9th M50	95th M	Joe McGlynn	Penryth	1:06:13	7m06s	4m24s
101	81st	41st u40M	96th M	Terry Berry		1:06:27	7m07s	4m25s
102	82nd	27th M40	97th M	Phil O'Rourke	Liv RC	1:06:32	7m08s	4m26s
103	83rd	16th M45	98th M	Steve McCutough	Liv RC	1:06:38	7m08s	4m26s
104	84th	10th M50	99th M	Steve Preston		1:06:39	7m08s	4m26s
105	85th	47rd u40M	100th M	Brian Speake	ReadingRR	1:06:40	7m09s	4m26s
106	86th	28th M40	101st M	Christopher Cain		1:06:43	7m09s	4m26s
107	87th	17th M45	102nd M	Anthony Beyga		1:06:43	7m09s	4m26s
108	88th	18th M45	103rd M	Mark Helme	LivpoolH	1:06:45	7m09s	4m27s
109	89th	11th M50	104th M	Peter Butler	Liv RC	1:06:51	7m10s	4m27s
110	90th	43rd u40M	105th M	Layne Mercer		1:06:55	7m10s	4m27s
111	91st	29th M40	106th M	Car Pepper		1:06:56	7m10s	4m27s
112	92nd	19th M45	107th M	David Capener		1:07:00	7m11s	4m28s
113	93rd	1st u45	6th M	Kate Suttor	Wimslow	1:07:10	7m12s	4m28s
114	94th	30th M40	108th M	G Stewart		1:07:11	7m12s	4m28s
115	95th	20th M45	109th M	Mark Smith		1:07:20	7m13s	4m29s
116	96th	21st M45	110th M	Peter Carpenter		1:07:23	7m13s	4m29s
117	97th	44th u40M	111th M	Tom Cowe		1:07:30	7m14s	4m30s
118	98th	12th M50	112th M	Keith Rens		1:07:32	7m14s	4m30s
119	99th	45th u40M	113th M	Phil Spain	Liv RC	1:07:38	7m15s	4m30s
120	100th	22nd M45	114th M	Keith Hatton	LivpoolH	1:07:41	7m15s	4m30s
121	101st	46th u40M	115th M	Stephen Tysome	Trai Run	1:07:43	7m15s	4m30s
122	102nd	47th u40M	116th M	Kevin Fraser		1:07:47	7m16s	4m31s
123	103rd	31st M40	117th M	Gary Burcher		1:07:59	7m17s	4m31s
124	104th	48th u40M	118th M	Adam Brunskill	LancFR	1:08:02	7m17s	4m32s
125	105th	23rd M45	119th M	Derek Farrington	SptWoo	1:08:11	7m18s	4m32s
126	106th	13th M50	120th M	Colin Wolarth	SptWoo	1:08:14	7m19s	4m32s
127	107th	14th M50	121st M	Anthony Harper		1:08:16	7m19s	4m33s
128	108th	24th M45	122nd M	Pete McConnell		1:08:18	7m19s	4m33s
129	109th	2nd u50	7th M	Mary J Doyle	Liv RC	1:08:37	7m21s	4m34s
130	110th	32nd M40	123rd M	Ian Roche		1:08:37	7m21s	4m34s

131	*31st	45th u40M	174th M	Steve Rowlands		1:08:38	7m21s	4m34s
132	*32nd	3rd M60	123th M	Billy Hargreaves	LivpoolH	1:08:40	7m21s	4m34s
133	*33rd	26th M45	126th M	Paul Roche		1:09:06	7m24s	4m36s
134	*34th	50th u40M	127th M	Matthew Kynaston		1:09:08	7m24s	4m36s
135	*35th	51st u40M	128th M	Mark Pendergast		1:09:10	7m25s	4m36s
136	*36th	26th M45	129th M	Pete Cushing		1:09:11	7m25s	4m36s
137	*37th	33rd M40	130th M	Mark Scott	Liv RC	1:09:18	7m26s	4m37s
138	*38th	27th M45	131st M	Mark Vance		1:09:22	7m26s	4m37s
139	*39th	34th M40	132nd M	Bryan Jones		1:09:24	7m26s	4m37s
140	*40th	28th M45	133rd M	Paul Hutchings	LivpoolH	1:09:28	7m27s	4m37s
141	*41st	52nd u40M	134th M	David Lynan	PennyLn	1:09:30	7m27s	4m38s
142	142nd	3rd M55	135th M	Francis Slavin	Nth Vets	1:09:33	7m27s	4m38s
143	*43rd	2nd L45	8th L	Liz Thornton	Liv RC	1:09:34	7m27s	4m38s
144	*44th	3rd u35L	9th L	Natale Parr	Liv RC	1:09:46	7m29s	4m39s
145	*45th	29th M45	136th M	Bruce Eastaff		1:09:47	7m29s	4m39s
146	146th	15th M50	137th M	Gordon Read	PennyLn	1:09:49	7m29s	4m39s
147	*47th	16th M50	138th M	Don Burrough	Wimslow	1:09:54	7m29s	4m39s
148	*48th	53rd u40M	139th M	Si Pendergast		1:09:57	7m30s	4m39s
149	149th	17th M50	140th M	Graham Schofield	ChorleyH	1:10:04	7m30s	4m40s
150	150th	20th M45	141st M	Wayne Hamson		1:10:17	7m31s	4m40s
151	*51st	54th u40M	142nd M	Rob Murray		1:10:18	7m31s	4m40s
152	*52nd	31st M45	143rd M	Anthony Fowler	MersyTr	1:10:20	7m32s	4m41s
153	*53rd	18th M50	144th M	Joseph McGrath		1:10:24	7m33s	4m41s
154	154th	19th M50	145th M	Michael Leslie	MersyTr	1:10:27	7m33s	4m41s
155	*55th	32nd M45	146th M	David Board		1:10:41	7m34s	4m42s
156	*56th	55th u40M	147th M	Pete Stockton		1:10:43	7m35s	4m42s
157	*57th	3rd L45	10th L	Lynda Shierds	Liv RC	1:10:44	7m35s	4m42s
158	*58th	56th u40M	148th M	Paul Vaevens		1:10:46	7m35s	4m43s
159	*59th	35th M40	149th M	Tony Worrall		1:10:52	7m36s	4m43s
160	*60th	4th L45	11th L	Julie Cruse	WeshamRR	1:10:54	7m36s	4m43s
161	*61st	57th u40M	150th M	Rob Hardwick	PennyLn	1:10:56	7m36s	4m43s
162	*62nd	20th M50	151st M	Michael Lese	MersyTr	1:10:59	7m36s	4m43s
163	*63rd	58th u40M	152nd M	J Harris	Liv RC	1:11:07	7m37s	4m44s
164	*64th	59th u40M	153rd M	Ian Raymond		1:11:08	7m37s	4m44s
165	*65th	33rd M45	154th M	Andy Lindop	Witswor	1:11:06	7m37s	4m44s
166	*66th	80th u40M	155th M	Dom Mackenzie		1:11:07	7m37s	4m44s
167	*67th	21st M50	156th M	Stephen White	RedHerrg	1:11:07	7m37s	4m44s
168	*68th	61st u40M	157th M	Steve White		1:11:09	7m37s	4m44s
169	*69th	2nd L40	12th L	Victoria Harvey	SpryWood	1:11:09	7m37s	4m44s
170	*70th	82nd u40M	158th M	Ian Cook		1:11:10	7m38s	4m44s
171	*71st	4th u35L	13th L	Tracy Peters		1:11:12	7m38s	4m44s
172	*72nd	4th M55	159th M	Thomas Wright		1:11:22	7m39s	4m45s
173	*73rd	34th M45	160th M	Bairn Cass	PennyLn	1:11:27	7m39s	4m45s
174	*74th	83rd u40M	161st M	Noel Renton		1:11:29	7m40s	4m45s
175	*75th	4th M60	162nd M	John Gresty	SkeemBour	1:11:31	7m40s	4m46s
176	*76th	36th M40	163rd M	David Whearble	Wimslow	1:11:34	7m40s	4m46s
177	*77th	22nd M50	164th M	Alan Clerey	MossleyH	1:11:37	7m40s	4m46s
178	*78th	35th M45	165th M	Alan Berry		1:11:38	7m41s	4m46s
179	*79th	5th L45	14th L	Linda Leyland	Nth Vets	1:11:44	7m41s	4m46s
180	*80th	5th u35L	15th L	Sarah Cass	PennyLn	1:11:54	7m42s	4m47s
181	*81st	36th M45	166th M	Rob Doyle		1:11:58	7m43s	4m47s

182	*82nd	37th M45	187th M	Phil McMaster		1:12:01	7m43s	4m48s
183	*83rd	5th M55	188th M	Christopher Ryan	Rebford	1:12:02	7m43s	4m48s
184	*84th	84th u40M	189th M	Michael Duscha	Juv.MUN	1:12:02	7m43s	4m48s
185	*85th	8th L45	18th L	Brenda Ware	Asbey	1:12:03	7m43s	4m48s
186	*86th	85th u40M	170th M	J. Fitzpatrick		1:12:19	7m45s	4m49s
187	*87th	5th M60	171st M	Frank Green	Ly RC	1:12:22	7m45s	4m49s
188	*88th	8th M55	172nd M	Ross Moughtin	AchwilR	1:12:24	7m45s	4m49s
189	189th	86th u40M	173rd M	John Hagan		1:12:24	7m45s	4m49s
190	*90th	67th u40M	174th M	Karl Bryers		1:12:34	7m47s	4m50s
191	*91st	37th M40	175th M	John Feegan		1:12:35	7m47s	4m50s
192	*92nd	68th u40M	176th M	Anthony Malcolm		1:12:40	7m47s	4m50s
193	193rd	2nd M65	177th M	John Bradley	Epoc&Hy	1:12:41	7m47s	4m50s
194	*94th	68th u40M	178th M	Paul Coulter		1:12:43	7m48s	4m50s
195	*95th	3rd L50	71st L	Gen Williams	MossleyH	1:12:45	7m48s	4m51s
196	196th	7th M55	179th M	Rod Coombs	Wilmalov	1:12:54	7m49s	4m51s
197	197th	28th M40	180th M	Terry Williams		1:13:01	7m49s	4m52s
198	*98th	8th u35L	181st L	Leta Jones		1:13:05	7m50s	4m52s
199	*99th	38th M40	181st M	Rob Holmes		1:13:18	7m51s	4m53s
200	200th	8th M55	*82nd M	Philp Baxendale	SprMoo	1:13:26	7m52s	4m53s
201	201st	40th M40	183rd M	Clay d Downey		1:13:28	7m52s	4m53s
202	202nd	9th M55	184th M	Leslie Calder		1:13:38	7m53s	4m54s
203	203rd	70th u40M	185th M	Matt Routledge		1:13:54	7m55s	4m55s
204	204th	71st u40M	186th M	Andy Hudson		1:14:08	7m57s	4m56s
205	205th	38th M45	187th M	Mark Emmott	Roadfle	1:14:18	7m58s	4m57s
206	206th	10th M55	188th M	N Sinclair	SprMoo	1:14:20	7m58s	4m57s
207	207th	7th u35L	18th L	Louisa Gilbert	Wilmalov	1:14:24	7m58s	4m57s
208	208th	1st L50	20th L	Rosemary Rogers	Demside	1:14:28	7m59s	4m57s
209	209th	8th u35L	21st L	Nicola Bowness		1:14:36	8m00s	4m58s
210	210th	41st M40	189th M	Joey Parkinson	LivpoolH	1:14:37	8m00s	4m58s
211	211th	72nd u40M	190th M	Chris Henders	SprMoo	1:14:37	8m00s	4m58s
212	212th	73rd u40M	191st M	Ian Langton		1:14:38	8m00s	4m58s
213	213th	74th u40M	192nd M	Adam McGlory		1:14:41	8m00s	4m58s
214	214th	23rd M50	193rd M	James Kirwin		1:14:41	8m00s	4m58s
215	215th	2nd L35	22nd L	Alison Hendry		1:14:41	8m00s	4m58s
216	216th	7th L45	23rd L	Val Desborough	PennyLn	1:14:41	8m00s	4m58s
217	217th	75th u40M	194th M	R Tinsley	MossleyH	1:14:42	8m00s	4m58s
218	218th	42nd M40	195th M	Paul Doyle		1:14:42	8m00s	4m58s
219	219th	3rd L40	24th L	Jayne Neave		1:14:42	8m00s	4m58s
220	220th	8th L45	25th L	Margaret Case	PennyLn	1:14:44	8m00s	4m58s
221	221st	9th L45	26th L	Penny Hinks	Wilmalov	1:14:48	8m01s	4m59s
222	222nd	76th u40M	196th M	Dave Smallwood		1:14:53	8m01s	4m59s
223	223rd	39th M45	197th M	Hau Ormrod		1:14:54	8m02s	4m59s
224	224th	3rd L35	27th L	Joanne Hart	Farmby R	1:14:57	8m02s	4m59s
225	225th	4th L40	28th L	Beverley Lowe		1:14:58	8m02s	4m59s
226	226th	4th L35	29th L	E Stanheld	SprMoo	1:15:02	8m02s	5m00s
227	227th	43rd M40	198th M	R Hetherington		1:15:15	8m04s	5m01s
228	228th	44th M40	199th M	John Vis	SprMoo	1:15:18	8m04s	5m01s
229	229th	77th u40M	200th M	Dominic Cooke	SprMoo	1:15:21	8m04s	5m01s
230	230th	24th M50	201st M	Joe Delaney	VillageR	1:15:25	8m05s	5m01s
231	231st	78th u40M	202nd M	Gary Lane		1:15:29	8m05s	5m01s
232	232nd	9th u35L	30th L	Mary Smallwood		1:15:30	8m05s	5m02s

233	233rd	5th L40	31st L	Carole James	SprWoo	1:15:34	8m06s	5m22s
234	234th	45th M40	203rd M	Philip O'Gera		1:15:42	8m07s	5m22s
235	235th	6th M60	204th M	James Clague		1:15:54	8m08s	5m03s
236	236th	6th L40	32nd L	Susan Ruitz	Liv RC	1:15:55	8m08s	5m03s
237	237th	25th M50	205th M	Peter Thompson	Liv RC	1:16:10	8m10s	5m04s
238	238th	10th u35L	33rd L	Elizabeth Lynch	PennyLn	1:16:17	8m10s	5m05s
239	239th	11th M55	206th M	Terence Doyle	Liv RC	1:16:19	8m11s	5m05s
240	240th	78th u40M	207th M	John Bennett	MersyTn	1:16:20	8m11s	5m05s
241	241st	12th M55	208th M	Mike Kerry		1:16:23	8m11s	5m05s
242	242nd	80th u40M	209th M	Andrew Pearson	Red Rose	1:16:25	8m11s	5m05s
243	243rd	26th M50	210th M	Alan Graham		1:16:26	8m11s	5m05s
244	244th	13th M55	211th M	Michael Renton		1:16:28	8m12s	5m05s
245	245th	4th L50	34th L	Christine Collier	SprWoo	1:16:31	8m12s	5m06s
246	246th	81st u40M	212th M	A Shelbourne		1:16:45	8m14s	5m07s
247	247th	40th M45	213th M	Nial Keahng	Spectrum	1:16:50	8m14s	5m07s
248	248th	11th u35L	35th L	Rachel Thomas	SprWoo	1:16:53	8m14s	5m07s
249	249th	1st M70	214th M	Joe Park	CheshTHo	1:16:55	8m15s	5m07s
250	250th	10th L45	36th L	H McGoldrick	Nth Vets	1:16:58	8m15s	5m07s
251	251st	27th M50	215th M	Mike Cutler	5thChesh	1:17:06	8m16s	5m08s
252	252nd	28th M50	216th M	Alan Appleton		1:17:08	8m16s	5m08s
253	253rd	41st M45	217th M	Phil Morrison		1:17:10	8m16s	5m08s
254	254th	29th M50	218th M	Dave Kennedy		1:17:20	8m17s	5m09s
255	255th	46th M40	219th M	Jonny Lea		1:17:21	8m17s	5m09s
256	256th	82nd u40M	220th M	Dave Stones		1:17:24	8m18s	5m09s
257	257th	30th M50	221st M	Steve Church		1:17:27	8m18s	5m09s
258	258th	7th L40	37th L	C Marshal	Wimslow	1:17:29	8m18s	5m09s
259	259th	11th L45	38th L	Julie Cruse	WeshamRR	1:17:31	8m18s	5m10s
260	260th	83rd u40M	222nd M	Chris Walkden		1:17:33	8m19s	5m10s
261	261st	47th M40	223rd M	Phil Dear	SprWoo	1:17:35	8m19s	5m10s
262	262nd	48th M40	224th M	Steve Preece		1:17:35	8m19s	5m10s
263	263rd	42nd M45	225th M	Ian Tasker		1:17:38	8m19s	5m10s
264	264th	5th L50	39th L	Margot Bowker	SprWoo	1:17:42	8m20s	5m10s
265	265th	49th M40	226th M	James Platt		1:17:45	8m20s	5m11s
266	266th	84th u40M	227th M	Richard Malabar		1:17:50	8m20s	5m11s
267	267th	43rd M45	228th M	John Skirney		1:17:52	8m21s	5m11s
268	268th	44th M45	229th M	Philip Coffey		1:17:55	8m21s	5m11s
269	269th	14th M55	230th M	Bob Little		1:18:08	8m22s	5m12s
270	270th	50th M40	231st M	Damen Young		1:18:10	8m23s	5m12s
271	271st	85th u40M	232nd M	Graham Roberts		1:18:14	8m23s	5m12s
272	272nd	86th u40M	233rd M	Christian Foulds	Lough Fr	1:18:34	8m25s	5m14s
273	273rd	51st M40	234th M	Simon Thornton		1:18:46	8m26s	5m15s
274	274th	5th L35	40th L	Jane Hallows	PennyLn	1:18:48	8m27s	5m15s
275	275th	15th M55	235th M	Harry Greenwood	Photon R	1:18:51	8m27s	5m15s
276	276th	31st M50	236th M	Anthony Morris	Liv RC	1:18:56	8m28s	5m15s
277	277th	7th M60	237th M	Iain Fortune	Spectrum	1:18:59	8m28s	5m15s
278	278th	52nd M40	238th M	Sam Gusef	Litlwards	1:19:01	8m28s	5m16s
279	279th	32nd M50	239th M	Roger Lyon		1:19:13	8m29s	5m16s
280	280th	33rd M50	240th M	Paul Young	PembSelf	1:19:17	8m30s	5m17s
281	281st	45th M45	241st M	Paul Moton		1:19:20	8m30s	5m17s
282	282nd	3rd M65	242nd M	N Bateman	Wesham RR	1:19:23	8m30s	5m17s
283	283rd	87th u40M	243rd M	Greg Anthony		1:19:24	8m31s	5m17s

284	254th	88th w40M	244th M	Paul Freery	Belgrave	1:19:25	8m31s	5m17s
285	285th	89th w40M	245th M	Joe Bolland		1:19:27	8m31s	5m17s
286	286th	12th w35L	41st L	Michelle Mercer	SptWoo	1:19:27	8m31s	5m17s
287	287th	90th w40M	246th M	Michael Yates		1:19:34	8m32s	5m18s
288	288th	53rd M45	247th M	Timothy Hughes		1:19:36	8m32s	5m18s
289	289th	8th L40	42nd L	Ann O'Callaghan	Liv RC	1:19:40	8m32s	5m18s
290	290th	46th M45	248th M	S Howe		1:19:43	8m33s	5m18s
291	291st	47th M45	249th M	Paul Newell	Riversd	1:19:47	8m33s	5m19s
292	292nd	12th L45	43rd L	Jane Blackin	Riversd	1:19:47	8m33s	5m19s
293	293rd	6th L50	44th L	Maggie Cooke	SptWoo	1:19:50	8m33s	5m19s
294	294th	8th M60	250th M	Fran Richardson	Teamoran	1:18:52	8m34s	5m19s
295	295th	7th L50	45th L	Elaine Williams	Nth Vets	1:19:55	8m34s	5m19s
296	296th	9th M60	251st M	Patrick Henley	LivpoolH	1:19:56	8m34s	5m19s
297	297th	13th L45	46th L	Jan O'Shanaw	FitnessC	1:19:59	8m34s	5m19s
298	298th	54th M40	252nd M	William Beach	FitnessF	1:20:00	8m34s	5m20s
299	299th	14th L45	47th L	Carol Handley		1:20:02	8m35s	5m20s
300	300th	2nd L55	48th L	Jennifer Adams	AszringR	1:20:06	8m35s	5m20s
301	301st	48th M45	253rd M	Carlamason		1:20:10	8m35s	5m20s
302	302nd	91st w40M	254th M	Lee Roberts		1:20:10	8m35s	5m20s
303	303rd	16th M55	255th M	William Baker		1:20:11	8m35s	5m20s
304	304th	13th M50	256th M	Trevor Faulkner	Wilmalaw	1:20:14	8m35s	5m20s
305	305th	92nd w40M	257th M	Brian Heath		1:20:15	8m35s	5m21s
306	306th	9th L40	49th L	Fran McCreadie		1:20:22	8m37s	5m21s
307	307th	13th w35L	50th L	Carlyn Doughton	Pennyl n	1:20:39	8m37s	5m22s
308	308th	93rd w40M	258th M	S Robinson		1:20:41	8m39s	5m22s
309	309th	55th M40	259th M	Peter Brinley	SptWoo	1:20:52	8m40s	5m23s
310	310th	11th M60	260th M	Pete O'Keefe		1:21:02	8m41s	5m24s
311	311th	34th M50	261st M	Roger Pickles	RRunners	1:21:05	8m41s	5m24s
312	312th	56th M40	262nd M	Andy Heber		1:21:08	8m42s	5m24s
313	313th	49th M45	263rd M	Mark Coleman		1:21:09	8m42s	5m24s
314	314th	14th w35L	51st L	Louise Nicholson		1:21:18	8m43s	5m25s
315	315th	15th L45	52nd L	Rosie O'Hagan	StHelens	1:21:34	8m44s	5m26s
316	316th	50th M45	264th M	Guy Holoen		1:21:35	8m45s	5m26s
317	317th	94th w40M	265th M	Lee Durkin	SptWoo	1:21:35	8m45s	5m26s
318	318th	51st M45	266th M	David Scott		1:21:39	8m45s	5m26s
319	319th	57th M40	267th M	Patrick Kent		1:21:43	8m45s	5m26s
320	320th	95th w40M	268th M	Paul Marshall		1:21:48	8m46s	5m27s
321	321st	12th M60	269th M	Brian Grace	SptWoo	1:21:58	8m47s	5m27s
322	322nd	6th L35	53rd L	J McCarthy	Liv RC	1:22:06	8m48s	5m28s
323	323rd	7th L35	54th L	Natasha Hadley	FilantPR	1:22:14	8m48s	5m28s
324	324th	52nd M45	270th M	Clive Shaw		1:22:27	8m50s	5m29s
325	325th	53rd M45	271st M	David Reid	CheatTi	1:22:28	8m50s	5m29s
326	326th	96th w40M	272nd M	Philip Dowd		1:22:48	8m52s	5m31s
327	327th	54th M45	273rd M	Geoff McIntosh		1:22:48	8m52s	5m31s
328	328th	55th M45	274th M	David Wiers		1:22:50	8m53s	5m31s
329	329th	4th M65	275th M	John Bulchard		1:22:51	8m53s	5m31s
330	330th	97th w40M	276th M	Adam Carder		1:22:54	8m53s	5m31s
331	331st	98th w40M	277th M	Stephen Ward		1:23:00	8m54s	5m32s
332	332nd	13th M60	278th M	Stoney Moynihan	Piston R	1:23:04	8m54s	5m32s
333	333rd	99th w40M	279th M	Heter Hough		1:23:05	8m54s	5m32s
334	334th	5th M55	280th M	Eddie Kane		1:23:14	8m55s	5m32s

335	335th	100th w/40M	281st M	Charles Graves		1:23:15	8m56s	5m33s
336	336th	101st w/40M	282nd M	Iain Goud		1:23:20	8m56s	5m33s
337	337th	56th M45	283rd M	Tony Roche		1:23:20	8m56s	5m33s
338	338th	8th L35	55th L	Helen Eaton		1:23:24	8m56s	5m33s
339	339th	10th L40	56th L	Christina Lupp		1:23:25	8m56s	5m33s
340	340th	17th M55	284th M	John Morrison	RRRunners	1:23:27	8m57s	5m33s
341	341st	58th M40	285th M	David Turner		1:23:41	8m58s	5m34s
342	342nd	11th L40	57th L	Christine Taaffe		1:23:44	8m58s	5m34s
343	343rd	35th M50	286th M	Allan Howard	Red Rose	1:23:48	8m59s	5m35s
344	344th	57th M45	287th M	Mark Piert	Formby R	1:23:58	9m00s	5m35s
345	345th	36th M50	288th M	John Riley		1:24:10	9m01s	5m36s
346	346th	9th L35	58th L	Tracey Gill	StHelens	1:24:20	9m02s	5m37s
347	347th	102nd w/40M	289th M	Stephen Cooney		1:24:22	9m02s	5m37s
348	348th	103rd w/40M	290th M	Grieg Ball	Formby R	1:24:24	9m03s	5m37s
349	349th	59th M40	291st M	Ben Cobby		1:24:26	9m03s	5m37s
350	350th	60th M40	292nd M	Steve Dunkerley		1:24:40	9m04s	5m38s
351	351st	104th w/40M	293rd M	Noel Chesadine	VillageR	1:24:49	9m05s	5m39s
352	352nd	105th w/40M	294th M	Rob Martin		1:24:54	9m06s	5m39s
353	353rd	61st M40	295th M	Les Irving		1:24:57	9m06s	5m39s
354	354th	10th L35	59th L	Juane Stanbury		1:25:03	9m07s	5m40s
355	355th	106th w/40M	296th M	Ian Young		1:25:04	9m07s	5m40s
356	356th	37th M50	297th M	David Hilliard	Liv RC	1:25:22	9m09s	5m41s
357	357th	8th M65	298th M	Malcolm Fowler	Ntr Vets	1:25:24	9m09s	5m41s
358	358th	8th L50	60th L	Sandra Waters	Spt/Moc	1:25:29	9m10s	5m41s
359	359th	107th w/40M	299th M	David Crocker		1:25:30	9m10s	5m42s
360	360th	15th w/35L	61st L	Anne Renton		1:25:32	9m10s	5m42s
361	361st	62nd M40	300th M	Tony Rawlinson	Liv RC	1:25:40	9m11s	5m42s
362	362nd	12th L40	62nd L	Hilary Greenhalgh	Liv RC	1:25:42	9m11s	5m42s
363	363rd	58th M45	301st M	Paul Armstrong	Liv RC	1:25:52	9m12s	5m43s
364	364th	108th w/40M	302nd M	Brad Balmer		1:26:01	9m13s	5m44s
365	365th	13th L40	63rd L	Jude Smedley		1:26:03	9m13s	5m44s
366	366th	11th L35	64th L	Liz O'Gara		1:26:03	9m13s	5m44s
367	367th	18th M50	303rd M	Kerry MacFarlane		1:26:08	9m14s	5m44s
368	368th	63rd M40	304th M	John Hughes	Formby R	1:26:11	9m14s	5m44s
369	369th	64th M40	305th M	Sam Gusef	Littwds	1:26:13	9m14s	5m44s
370	370th	59th M45	306th M	Donald Wilkinson		1:26:13	9m14s	5m44s
371	371st	12th L35	65th L	C Newton	Liv RC	1:26:13	9m14s	5m44s
372	372nd	60th M45	307th M	Mark Harrison		1:26:14	9m14s	5m44s
373	373rd	16th L45	66th L	Paul Hazelhurst	Liv RC	1:26:15	9m14s	5m45s
374	374th	38th M50	308th M	Mark Aspinall	Liv RC	1:26:18	9m15s	5m45s
375	375th	19th M50	309th M	Richard Hughes	Spt/Moc	1:26:18	9m15s	5m45s
376	376th	65th M40	310th M	Geoff Hawkins		1:26:21	9m15s	5m45s
377	377th	14th L40	67th L	Pam Truman		1:26:25	9m16s	5m45s
378	378th	15th L40	68th L	Gina Halstead		1:26:28	9m16s	5m45s
379	379th	66th M40	311th M	Peter McCann		1:26:47	9m18s	5m47s
380	380th	61st M45	312th M	Peter O'Mahon		1:26:50	9m18s	5m47s
381	381st	109th w/40M	313th M	David Munro	Real Run	1:27:02	9m20s	5m48s
382	382nd	39th M50	314th M	Ian Davidson		1:27:11	9m21s	5m48s
383	383rd	16th w/35L	69th L	Donna Woods		1:27:25	9m22s	5m49s
384	384th	67th M45	315th M	Marion Moran		1:27:32	9m23s	5m50s
385	385th	17th L45	70th L	Luce Gough		1:28:03	9m28s	5m52s

386	386th	2nd M70	315th M	Jimmy Daley	PennyLn	1:28:12	9m27s	5m52s
387	387th	10th L40	71st L	Rache Foxley		1:28:35	9m30s	5m54s
388	388th	53rd M45	317th M	Peter Sinnott		1:28:36	9m30s	5m54s
389	389th	17th L40	72nd L	Elaine Doka		1:28:37	9m30s	5m54s
390	390th	67th M40	318th M	John Griffiths		1:28:38	9m30s	5m54s
391	391st	68th M40	319th M	Jonaman Kent		1:28:47	9m31s	5m55s
392	392nd	69th M40	320th M	Ian Lloyd		1:29:01	9m32s	5m56s
393	393rd	40th M50	321st M	Chris Rafferty		1:29:02	9m33s	5m56s
394	394th	41st M50	322nd M	Neil Wright		1:29:04	9m33s	5m56s
395	395th	70th M40	323rd M	Keth Prior		1:29:27	9m35s	5m57s
396	396th	42nd M50	324th M	John O'Brien		1:29:22	9m35s	5m57s
397	397th	17th u/35L	73rd L	Kate McQueen		1:29:35	9m36s	5m58s
398	398th	9th L50	74th L	Elaine Williams	Nth vets	1:29:48	9m37s	5m59s
399	399th	18th L40	75th L	Jean Bute	Liv RC	1:29:50	9m38s	5m59s
400	400th	54th M45	325th M	John Farrell		1:29:56	9m38s	5m59s
401	401st	43rd M50	326th M	James Kinan		1:29:58	9m39s	5m59s
402	402nd	65th M45	327th M	David Bennett		1:30:00	9m39s	6m00s
403	403rd	71st M40	328th M	Justyn Herbert		1:30:07	9m39s	6m00s
404	404th	66th M45	329th M	Joe McGowan		1:30:19	9m41s	6m01s
405	405th	72nd M40	330th M	Ian Hope	Pinetops	1:30:23	9m41s	6m01s
406	406th	78th L45	76th L	Sheilagh Holden		1:30:42	9m43s	6m02s
407	407th	19th L40	77th L	Suzanne Crampton	SistersN	1:30:44	9m43s	6m02s
408	408th	13th L35	78th L	Suzannah Dykes		1:30:51	9m44s	6m03s
409	409th	44th M50	331st M	Steve Conway	Liv RC	1:31:05	9m46s	6m04s
410	410th	73rd M40	332nd M	John P Thornton		1:31:20	9m47s	6m05s
411	411th	74th M40	333rd M	Steve Bishop		1:31:32	9m49s	6m06s
412	412th	20th L40	79th L	Julie Hignett		1:31:45	9m50s	6m07s
413	413th	75th M40	334th M	Carl Hignett	Formby R	1:31:45	9m50s	6m07s
414	414th	21st L40	80th L	Joanne Cinton		1:31:48	9m50s	6m07s
415	415th	3rd L55	81st L	Lynn Fletcher		1:31:49	9m50s	6m07s
416	416th	14th L35	82nd L	Wendy Bowden		1:31:49	9m50s	6m07s
417	417th	19th L45	83rd L	Caroline Kenyon		1:31:50	9m51s	6m07s
418	418th	67th M45	335th M	Ron Kellest		1:31:52	9m51s	6m07s
419	419th	18th L35L	84th L	Linz Brussels	ChorleyH	1:32:00	9m52s	6m08s
420	420th	7th M65	336th M	Fidde Pugh	ChorleyA	1:32:04	9m52s	6m08s
421	421st	4th L55	85th L	Bridg Chapman		1:32:38	9m56s	6m10s
422	422nd	20th L45	86th L	Maree Baneau		1:32:47	9m56s	6m10s
423	423rd	1st L60	87th L	Sheila Marshal	Spr/Moc	1:32:45	9m56s	6m11s
424	424th	21st L45	88th L	Lynda Sheilds	Liv RC	1:32:52	9m57s	6m11s
425	425th	15th L35	89th L	Alicson Webster		1:32:57	9m58s	6m11s
426	426th	19th u/35L	90th L	Joanne Price		1:33:06	9m59s	6m12s
427	427th	110th u/40M	337th M	Russ Thomas		1:33:07	9m59s	6m12s
428	428th	8th M65	338th M	Ron Barlow	Wafasey	1:33:16	10m00s	6m13s
429	429th	111th u/40M	339th M	Danny Mather		1:33:20	10m00s	6m13s
430	430th	112th u/40M	340th M	Andrew Hull		1:33:25	10m01s	6m13s
431	431st	1st L55	91st L	Dorothy Fairhurst	Stevens	1:33:37	10m02s	6m14s
432	432nd	76th M40	341st M	Anthony Hunter		1:33:43	10m03s	6m14s
433	433rd	14th M60	342nd M	Chris Haggart		1:33:57	10m04s	6m15s
434	434th	113th u/40M	343rd M	Jason Hutton		1:33:56	10m04s	6m15s
435	435th	22nd L40	92nd L	Julie Balmer	PennyLn	1:34:15	10m06s	6m17s
436	436th	23rd L40	93rd L	Jacobs Chen	PennyLn	1:34:15	10m06s	6m17s

437	437th	24th L40	94th L	Angela Mskenna		1:34.16	10m06s	6m17s
438	438th	20th w/35L	95th L	Vicky Gray	MostonRR	1:34.18	10m06s	6m17s
439	439th	114th w/40M	344th M	Don't know	???	1:34.18	10m06s	6m17s
440	440th	115th w/40M	345th M	Stephen Andrew		1:35:07	10m12s	6m20s
441	441st	21st w/35L	96th L	Emma Felton	SptWoo	1:36.19	10m19s	6m25s
442	442nd	68th M45	346th M	Jon Singleton	SptWoo	1:36.31	10m21s	6m26s
443	443rd	5th L55	97th L	Martha Irwin		1:36:32	10m21s	6m26s
444	444th	16th L35	98th L	Michelle O'rmandy		1:36:32	10m21s	6m26s
445	445th	22nd L45	99th L	Marie Hornby		1:36:41	10m22s	6m26s
446	446th	10th L50	100th L	Tessa Swaine	Tattenh	1:37:05	10m24s	6m28s
447	447th	25th L40	101st L	Maria Haigh	Birkenhd	1:38.07	10m31s	6m32s
448	448th	23rd L45	102nd L	Tricia Oakes		1:38.40	10m35s	6m34s
449	449th	69th M45	347th M	Paul Roberts		1:38.40	10m35s	6m34s
450	450th	22nd w/35L	103rd L	Marie Reid	Liv RC	1:39:11	10m38s	6m36s
451	451st	24th L45	104th L	Biddy Lindup	Wirkswor	1:39:36	10m41s	6m36s
452	452nd	6th L55	105th L	Blaise Renton		1:39:36	10m41s	6m36s
453	453rd	70th M45	348th M	Jim Price		1:39.42	10m41s	6m36s
454	454th	116th w/40M	349th M	John Fox		1:39.53	10m42s	6m39s
455	455th	17th L35	106th L	Helen Maguire		1:40:14	10m45s	6m40s
456	456th	26th L40	107th L	Cathy Spencer		1:40:41	10m47s	6m42s
457	457th	27th L40	108th L	Susan Hyde		1:40:41	10m47s	6m42s
458	458th	23rd w/35L	109th L	Jennie Moliver		1:40.43	10m48s	6m42s
459	459th	77th M40	350th M	Alan Moliver		1:40:43	10m48s	6m42s
460	460th	2nd L60	110th L	Pat Salisbury	Hearts R	1:40:49	10m48s	6m43s
461	461st	45th M50	351st M	Roger Lyon		1:41:05	10m50s	6m44s
462	462nd	24th w/35L	111th L	Joanne Lafferty		1:41:29	10m53s	6m45s
463	463rd	7th L55	112th L	Jo Rutherford		1:42.53	11m02s	6m51s
464	464th	25th L45	113th L	Lisa Black		1:43.03	11m03s	6m52s
465	465th	3rd L60	114th L	Ruth O'Connell	PennyLn	1:43:05	11m03s	6m52s
466	466th	11th L50	115th L	Jill Cochran		1:43:09	11m03s	6m52s
467	467th	117th w/40M	352nd M	John Lloyd		1:43:12	11m04s	6m52s
468	468th	18th L35	116th L	Paula Lloyd		1:43.15	11m04s	6m53s
469	469th	28th L40	117th L	Jo Kelly		1:43.40	11m07s	6m54s
470	470th	9th L55	118th L	Liz Dams		1:44.19	11m11s	6m57s
471	471st	12th L50	119th L	Jan Coulter		1:44.19	11m11s	6m57s
472	472nd	118th w/40M	353rd M	Chris Waikden		1:45.06	11m16s	7m00s
473	473rd	119th w/40M	354th M	Rob Confessore		1:45.16	11m17s	7m01s
474	474th	120th w/40M	355th M	Kris Stone		1:45:46	11m20s	7m03s
475	475th	25th w/35L	120th L	Lori Parker		1:45:47	11m20s	7m03s
476	476th	3rd M70	356th M	Joseph McAloon	FembSeft	1:47:12	11m29s	7m08s
477	477th	13th L50	121st L	Grace Pickles	RRunners	1:48.00	11m35s	7m12s
478	478th	29th L40	122nd L	Helen Rafferty		1:53:01	12m07s	7m32s
479	479th	30th L40	123rd L	Jayne McLaughlin		1:53.58	12m13s	7m35s
480	480th	20th M55	357th M	David Howells		1:53:59	12m13s	7m35s
481	481st	71st M45	358th M	Keith Gunson		1:58:51	12m44s	7m55s

Number finishing in each age group out of the 481 finishers in the race

Men under 40	120
Men 40 to 44	77
Men 45 to 49	71

Men 50 to 54	45
Men 55 to 59	20
Men 60 to 64	14
Men 65 to 69	8
Men 70 to 74	3
Ladies under 35	25
Ladies 35 to 39	16
Ladies 40 to 44	30
Ladies 45 to 49	25
Ladies 50 to 54	13
Ladies 55 to 59	8
Ladies 60 to 64	3
Ladies 65 to 69	1

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