

LIVERPOOL 10K

1992	S McCann	Duncairn	29.44		H Williams	Swansea	35.45	1140
1993	B Currie	Liv H	30.43		H Lawrence	Wirral	39.12	1402
1994	A O'Brien	Liv H	30.36		L Cooper	Rossendale	37.13	1690
1995	B Currie	Liv H	30.19		P Morgan	Liv H	36.38	1774
1996	M McLoughlin	PemSef	30.03		H Pattinson	Preston	36.13	2177
1997	R Finch	Southampton	29.59		H Pattinson	Preston	34.48	2052
1998	D Lewis	Rossendale	30.54		C McKiernan	Dublin	32.56	2028
1999	E Kiplagat	Nthwood	30.12		S Griffiths	Wakefield	35.56	1657
2000	M Hawkins	Bingley	31.20		H Lawrence	Wirral	35.40	2122
2001	W Cheruyiot	Mizuno	30.56		H Pattinson	Preston	33.23	2112
2002	D Too	Mizuno	29.27		E Jepkoge	Mizuno	34.04	2065
2003	W Taragon	Kenya	30.36		M Wangari	Kenya	34.10	1889
2004	W Taragon	Kenya	30.18		M Otwor	U	34.46	2843
2005	S Arusei	Kenya	29.31		C Mutwa	Kenya	33.49	3413
2006	P McGlory	Liv H	30.38		M McDonnell	Chester-le-St	34.39	2309
2007	A Norman	Altrincham	31.10		H Lawrence	Wirral	35.51	2347
2008	J McCole	Liv H	31.28		H Carroll	Liv H	37.43	2110
2009	M Barnes	Altrincham	30.32		J Clague	Liv H	36.38	2237
2010	J Mellor	Liv H	30.00		J Clague	Liv H	36.34	1749
2011	No Race				No Race			
2012	J Mellor	Liv H	31.28		J Clague	Picton RC	37.48	933
2013S	I Lawton	Liv H	33.48		K Longley	PemSef	37.42	1363
2014S	J Riley	Liv H	31-11		R Burns	Liv H	38.01	2612
2015S	H Hundessa	Liv H	31.50		K Longley	LPS	36.57	3396

S = Liverpool Spring 10K

LIVERPOOL HALF MARATHON

1991	M McLoughlin	LivPem	67.23		C McCarthy	?	86.12	609
1992	M McLoughlin	LivPem	64.52		C McCarthy	?	84.55	693
1993	No Race							
1994	P Roden	England	64.50		K Mijovic	England	74.28	968
1995	F Kipunge	Int Select	65.49		R Potter	U	76.05	857
1996	M Nazipov	Russia	64.46		S Skvorsova	Ins	74.37	1082
1997	M Ojuku	Kenya	62.55		A Mair	GB	74.45	1458
1998	M Ojuku	Kenya	62.45		Z Seminova	Russia	74.30	1746
1999	?				?			
2000	F Roncero	Spain	61.12		E Kiplagat	Kenya	73.39	1589
2001	N Vendesale	PemSef	70.01		J Clague	Liv H	81.01	1598
2002	N Molemo	RSA	63.49		C Mutwa	Kenya	79.20	1723
2003	W Kogo	Kenya	64.56		Y Burykina	Russia	75.01	2176
2004	Z Kihara	U	65.21		J Clague	Liv H	79.06	2617
2005	S Kasimili	U	64.15		D Mason	U	73.02	2353
2006	A Norman	Salford	65.24		?			4531
2007	B Fish	Blackburn	67.15		D Hawker	RRC	77.35	4086
2008	B Fish	Blackburn	68.01		J Blizzard	Rotherham	75.53	3433
2009	S Stokes	Sale	70.20		S Ridehalgh	Accrington	83.46	3498
2010	P Sankey	LivRC	73.25		J Briscoe	Wakefield	76.56	4531
2011	B Fish	Blackburn	67.41		L Jeska	Todmorden	79.03	6269
2012	B Mazerski	Poland	68.41		C Walsh	Met Police	81.25	6235
2013	J Lilly	Tipton	65.60		L Howell	Bournville	82.54	6560
2014	A Davies	Maldwyn	69.52		N Boyde	Northern(IOM)	86.16	6815

2014R	S Newton	Ackworth	74.28		E Palmer	Liverpool	85.43	3521
2015	P Martelletti	Run Fast	68.00		M Poulsen	Copenhagen	81.05	5039
2015R	T Elly	Manchestr	70.07		M Nolan	Richmond	81.54	5529

TUNNEL 10K

1997	P Green		32.04		S Cooper	SWAC	39.20		839
2007	D Catt	Liv H	33.45		J Landley	U	41.08		1427
2008	J Toohey	Liv H	34.34		J Clague	Liv H	36.32		1838
2009	P Sankey	Liv RC	33.50		K Longley	PemSef	37.50		1879
2010	S Stokes	Sale	32.29		J Clague	Liv H	36.17		2195
2011	J McCole	Liv H	31.31		J Clague	Liv H	38.48		2820
2012	J Riley	Liv H	31.28		M Barrett		35.50		2654
2013	T Ely	Salford	31.25		K Longley	PemSef	37.45		2852
2014	T Ely	Salford	31.17		R Burns	Liv H	37.58		2790
2015	T Ely	Salford	32.35		K Longley	LPS	37.58		2800

MERSEY MARATHON

1927	S Ferris (RAF)							
1928	S Ferris (RAF)							
1929	H Woods							
1930	H Woods							
1931-1947	No Race							
1948-1961	Winners included R.W.Minnis, J Tarrant and Ron Hill							
1962-1966	No Race							
1967	??							
1968	?? (60 finishers)							
1969-1981	No Race							
1982	P Malcolmson		2.27.05		Liz Hardley	3.19.20		?
1983	A Rich		2.23.07		Liz Hardley	3.04.36		3,100+
1984	H Clague		2.21.10		Liz Hardley	3.00.28		3,100+
1985	A Norman		2.20.10		F Poland	2.58.10		?
1986	I Corrin		2.19.21		F Mudway	2.54.45		2,056
1987	M Ellison		2.23.32		Tanya Ball	2.46.56		1,809
1988	I Corrin		2.21.18		F Poland	2.57.12		?
1989	C Thackeray		2.14.19		M Oddie	3.02.50		?
1990	No Race							
1991	S Hendrie		2.24.51		K Leigh	3.07.46		722
1992	I Corrin		2.23.00		Tanya Ball	2.54.21		490
1993-2010	No Race							
2011	J McCole		2.34.41		A Sedman	3.08.22		5194
2012	T Abyu		2.28.25		K White	3.01.40		3315
2013	No Race							
2014RR	B Fish		2.25.19		L Collins	3.06.31		2307
2015RR	R Pope		2:29:28		J Nelson	3:00:20		2487

R Rock nRoll Marathon

LIVERPOOL WOMEN'S 10K

1987	Sheila Catford	Leeds City AC	34.51	
1988	Sue Dilnot	Lordshill RR	34.50	
1989	Helen Titterington	Leicester Corinthians	33.39	
1990	Alison Goodernam	Bournemouth	34.06	

1991	Brenda Walker	Western AC	34.20		
1992	Heather Heasman	Invicta	34.07	1858	
1993	Suzanne Rigg	Warrington AC	34.20	2135	
1994	Angie Holley	Leeds AC	34.16		
1995	Lesley Morton	Eastbury AC	34.03		
1996	Suzanne Rigg	Warrington AC	35.13		
1997	Lucy Wright	Leeds City AC	34.44		
1998	Jenny Clague	Liv H	37.04		
1999	Alison Wyeth	Parkside AC	36.03		
2000	Catherina McKiernan	Cornafern AC	34.02		
2001	Lisa Mawer	Bingley H	36.19	3000	
2002	Lisa Mawer	Bingley H	35.01	3018	
2003	Lisa Mawer	Bingley H	35.59	2824	
2004	Helen Lawrence	Wirral AC	34.27	3167	
2005	Helen Lawrence	Wirral AC	34.21	3310	
2006	Maria Barrett	Liv Uni Tri	35.45	2690	
2007	Rachel Moore	Wigan Phoenix	37.36	2113	
2008	Jenny Clague	Liv H	37.35	2073	
2009	Helen Lawrence	Wirral AC	36.02	1390	+ 235 in 5K
2010	Jenny Clague	Liv H	36.18	1314	+ 278 in 5K
2011	M Barrett	Liv H	37.20	1135	+196 in 5K
2012	J Clague	Picton RC	37.48	694	+ 98 in 5K

SEFTON PARK 5

Pre 91	??			??			finishers
1991	L Cadwallader	Sefton	25.00	? Kehoe	Bolton	30.27	??
1992	L Cadwallader	Liv H	24.15	C Nevin	Penny L	31.25	378
1993	M. McLoughlin	Liv Pem	23.39	S Crehan	Sale	27.58	437
1994	D Reilly	Liv Pem	24.10	C Banalin	Sth Liv	30.31	405
1995	B Currie	Liv H	24.33	L Cooper	Rosendale	29.12	366
1996	B Masya	Kenya	23.37	J Taylor	Liv H	29.04	433
1997	M McLoughlin	PemSef	24.06	P Morgan	Liv H	28.32	480+
1998	A Woods	PemSef	25.09	J Clague	Liv H	28.31	352
1999	N Jones	Tipton	24.09	G Varley	Liv H	29.37	236
2000	N Jones	Tipton	24.10	G Varley	Liv H	30.18	298
2001	A O'Brien	Morpeth	25.34	J Clague	Liv H	28.50	265
2002	N Jones	Tipton	24.37	S Greene	Liv RC	31.46	202
2003	P McGlory	Liv H	25.27	F McLaughlin	P Lane	33.16	247
2004	J McCole	Liv H	25.56	O Renshaw	ValeRoyale	29.11	234
2005	P McGlory	Liv H	24.35	E Parry	Wrexham	30.48	356
2006	P McGlory	Liv H	24.45	J Clague	Liv H	28.07	251
2007	M Keeley	Liv H	25.19	S Cooper	SWAC	32.46	223
2008	A Vaughan	Etyfi	25.19	B Wright	Blackpool	31.50	197
2009	P Sankey	Liv RC	26.29	N Bird	Ellesmere	29.42	226
2010	R Burney	Liv H	25.46	J Clague	Liv H	29.12	302
2011	C Gunderson	Liv H	24.49	M Barrett	Liv H	31.14	427
2012	R Burney	Liv H	26.14	K Longley	PemSef	29.59	334
2013	J McNally	PLS	26.26	R Burns	Liv H	28.37	341
2014	J Toohey	Liv RC	26.32	A O'Brien	Liv RC	31.14	440
2915	H Hundessa	Liv H	25.49	K Longley	PemSef	29.04	480

WALTON PARK 5

Pre 1993	??						finishers
1993	M McLoughlin	PemSef	23.48	J Taylor	Red Counties	28.55	300+
1994	M McLoughlin	PemSef	23.37	C Banlin	Sth Liv	30.04	377
1995	M McLoughlin	PemSef	23.45	G Basnett	Wirral	30.55	434
1996	M McLoughlin	PemSef	24.09	C Murphy	Liv H	31.12	411
1997	??			??			
1998	??			??			
1999	??			??			
2000	M Hill	Tipton	23.49	J Clague	Liv H	28.39	?
2001	N Jones	Tipton	24.36	J Clague	Liv H	28.41	321
2002	A Ward	Wigan Ph	25.42	L McDermott	Liv H	31.13	271
2003	N Jones	Tipton	24.53	J Clague	Liv H	29.08	264
2004	P McGlory	Liv H	24.38	C McIlroy	Wirral	29.11	249
2005	P McGlory	Liv H	24.55	C Davies	Spectrum	30.37	254
2006	P McGlory	Liv H	25.04	C Davies	Spectrum	29.35	227
2007	P Green	Liv H	26.07	J Clague	Liv H	29.55	195
2008	S Mills	Sale	24.39	J Clague	Liv H	28.50	195
2009	J McCole	Liv H	24.49	L Wood	Warrington	29.35	214
2010	J McCole	Liv H	25.32	J Clague	Liv H	28.22	254
2011	B Russell	Liv Uni	25.44	M Barrett	Liv H	29.04	209
2012	I Lawton	Liv H	25.52	S Whiteside	Liv H	29.27	202
2013	I McNally	PLS	26.03	K Longley	PemSef	30.27	257
2014	J McCole	Liv H	26.02	C Wilson	Liv H	31.34	218
2015	M Clair	Knowsley	26.57	A OBrien	Liv RC	30.45	288

BIRKENHEAD 5 (First held in 1972, first measured course 1982)

1972-1976 = 5.2 miles 1977-1981 = 4.9 miles

1982 – date = Measured 5 miles (switched from Upper Park to Lower Park in 2007)

1972	?	R Brown	Liv Pem	25.07			
1973	75	F Davies	Liv H	24.34			
1974	53	P Waddington	Liv H	24.49			
1975	92	F Davies	Liv H	24.24			
1976	114	??					
1977	96	R Harrison	Liv H	24.06			
1978	117	G Smith	Liv H	23.07			
1979	154	H Jones	Liv Uni	22.56			
1980	133	H Jones	Liv Uni	23.38			
1981	233	A Blackwell	Wolv&Bilst	22.51			
1982	255	G Helme	St Helens	23.03		Women's Race First Held 1983	
1983	275	S Anders	St Helens	23.12	C Smith	Liv H	29.25
1984	269	M McLoughlin	Liv Pem	23.14	A Deegan	Sale	29.01
1985	219	S Anders	St Helens	23.21	M Burke	Wirral	30.28
1986	277	M McLoughlin	Liv Pem	23.09	G Nicholson	Whitby	28.19
1987	274	G Helme	St Helens	23.17	M Burke	Liv H	28.39
1988	220	M McLoughlin	Liv Pem	23.22	M Henry	Wallasey	29.50
1989	220	B Currie	Liv H	23.47	M Henry	Wallasey	28.47
1990	221	M McLoughlin	Liv Pem	23.07	J Littler	Whitby H	28.58
1991	195	B Currie	Liv H	24.30	J Littler	Whitby H	29.05
1992	195	B Currie	Liv H	23.55	C Grogan	Sth Liv	32.36
1993	329	M McLoughlin	Liv Pem	23.36	J Taylor	Red Cts	29.07

1994	298	D Reilly	Liv Pem	23.58		C Banlin	Sth Liv	30.15
1995	336	M McLoughlin	Liv Pem	23.46		L Cooper	Rossendale	28.46
1996	325	I Pierce	Tipton	23.57		P Morgan	Liv H	29.05
1997	306	D Dudley	LPS	23.54		P Morgan	Liv H	28.17
1998	245	N Jones	Tipton	23.54		C Murphy	Liv H	29.27
1999	255	A O'Brien	Morpeth	24.18		J Clague	Liv H	29.13
2000	195	N Jones	Tipton	23.52		H Lawrence	Wirral	28.56
2001	162	N Vengdasalam	LPS	25.04		J Clague	Liv H	28.52
2002	123	T Dickinson	Blackheath	24.34		R Connolly	Wirral	31.14
2003	133	P McGlory	Liv H	24.45		M Adams	Liv H	31.17
2004	128	P McGlory	Liv H	24.28		S Singleton	Liv H	30.13
2005	160	P McGlory	Liv H	24.05		G Connolly	U/a	32.21
2006	124	P McGlory	Liv H	24.24		H Carroll	Liv H	30.26
2007	123	P McGlory	Liv H	25.35		J Clague	Liv H	29.04
2008	105	J Mellor	Liv H	24.08		M Davies	Liv H	32.19
2009	123	M Keeley	Liv H	25.58		N Palin	Liv RC	30.35
2010	111	P Sankey	Liv RC	27.02		S Whiteside	Liv H	30.45
2011	127	J Riley	Liv H	26.16		E Robinson	Buckley	29.21
2012	81	A Peers	Liv H	25.52		J Clague	Liv H	29.39
2013	117	M Svenson	PLS	26.37		S Kearney	Wirral	30.30
2014	138	A Chambers	Liv H	26.22		S Jarvis	Liv H	30.00
2015	212	M Svenson	PLS	26.08		S Roberts	Pensby	30.25

PENNY LANE 10K

1997(10m)	M McLoughlin	PemSef	50.28		M Meredith	Prestatyn	70.13	270
1998	??							
1999	B Masya	Kenya	31.15		J Clague	Liv H	37.05	321
2000	T McDevitt	Wirral	32.46		D Curley	Wigan Ph	36.31	454
2001	L Cadwallader	Liv H	32.21		J Taylor	Liv H	36.18	480
2002	N Jones	Tipton	30.51		J Clague	Liv H	35.40	449
2003	P McGlory	Liv H	31.47		R Connolly	Wirral	38.44	417
2004	J Wycherley	Helsby	33.08		O Renshaw	Vale Royale	36.27	382
2005	A O'Brien	Morpeth	32.22		S Harris	Macclefield	37.56	395
2006	P McGlory	Liv H	30.30		M Woodhouse	U	40.05	380
2007	M Keeley	Liv H	32.01		J Clague	Liv H	36.22	477
2008	D Turnbull	Holmfirth	32.40		K Crickmore	Chester Tri	36.22	486
2009	No Race				No Race			
2010	J McCole	Liv H	33.59		J Clague	Liv H	37.57	314
2011	M Rose	Buckley	33.57		M Vernon	Trentham	38.56	290
2012	R Burney	Liv H	33.39		R Tewkesbury	IOM	38.51	323
2013	I Lawton	Liv H	34.00		K Longley	PemSef	38.08	387
2014	N Jones	Warrington	34.11		J Clague	Liv H	39.32	312
2015	H Hundessa	Liv H	32.29		K Longley	PemSef	38.44	371

CROXTETH PARK 10K

							finishers	
1986	N Vangdasalaam	LivPem	30.09		M Burke	Wallasey	37.11	518
1987	M McLoughlin	Liv Pem	29.30		L Webb	MerseyFB	35.39	478

1988	M McLoughlin	Liv Pem	29.28		K Merry	Wallasey	36.44	?
1989	D Riley	Liv H	31.01		J Littler	Whitby H	37.11	212
1990	N Smart	Sale	31.09		B Smith	Penny Lane	36.57	180
1991	?				?			
1992	M McLoughlin	PemSef	29.27		C Nevin	Penny L	39.56	346
1993	I Hudspith	Morpeth	30.36		C Cutner	SWAC	40.48	131
1993	B Currie	Liv H	30.06		S Crehan	Sale	37.44	182
1994	G Vernon	Warrington	32.25		J Crompton	U/a	39.38	187
1994	K Usher	PemSef	30.58		M McKenzie	Liv RC	40.44	183
1995	B Currie	Liv H	30.38		P Morgan	Liv H	37.48	249
1996	B Currie	Liv H	30.40		L Gore	Wigan Ph	37.13	237
1997	B Currie	Liv H	30.31		C OConnor	N Fylde	39.14	240
1998	D Dudley	PemSef	31.00		P Morgan	Liv H	38.00	344
1999	A O'Connor	Liv H	31.10		J Taylor	Liv H	58.08	302
2000	S McKeivitt	Liv H	32.25		G Jones	St Helens Str	39.30	201
2001	R Berry	SWAC	32.30		S Cooper	SWAC	38.57	220
2002	B Murphy	PemSef	32.29		C Swift	Liv H	39.30	308
2003	No Race				No Race			
2004	M Scaife	Chester-le-St	30.51		J Clague	Liv H	36.18	219
2005	P McGlory	Liv H	30.56		C Whelan	SWAC	38.33	321
2006	P Green	Liv H	32.42		G Connolly	St Helens Str	38.43	226
2007	R Burney	Liv H	32.37		G Connolly	St Helens Str	39.10	238
2008	R Berry	SWAC	32.25		J Clague	Liv H	37.43	208
2009/10	No Race				No Race			
2011RB	J Mellor	Liv H	31.33		A Crook	SWAC	37.28	242

RB = Running Bugs

FIREFIGHTERS 5

1990	G Helme	Red Cts	23.59		B Smith	Liv RC	29.51	?
1991	M McLoughlin	LivPem	23.40		?			
1992	M McLoughlin	LivPem	23.45		C Flitcroft	Bolton	30.31	?
1993	M McLoughlin	LivPem	23.10		S Crehan	Sale	28.19	400+
1994	M McLoughlin	LivPem	23.17		C Banlin	Sth Liv	29.42	613
1995	P Freary	Bolton	23.39		L Cooper	Rosendale	28.42	590
1996	?				?			
1997	G Ellis	U	24.09		P Morgan	Liv H	27.58	640
1998	?				?			
1999	A O'Brien	Morpeth	24.33		J Thorn	Vale Royal	30.23	406
2000	N Jones	Tipton	24.02		G Jones	StHelens Str	31.25	368

RIVERSIDE 5/WAVERTREE 5

1992	M McLoughlin	LivPem	24.44		R Dixon	Unattached	33.19	313
1993								
1994	D Reilly	LivPem	24.40		P Morgan	Liv H	31.16	290
1995								
1996								
1997	B Currie	Liv H	24.31		P Morgan	Liv H	28.47	310
1998								

1999	A O'Connor	Liv H	24.50	J Clague	Liv H	29.02	184
------	------------	-------	-------	----------	-------	-------	------------

WAVERTREE 5K

2001	A Woods	PemSef	15.40	J Taylor	Liv H	17.45	84
S2005	P Green	Liv H	15.36	J Thorn	N Vets	19.54	64
M2009	C Potts	Liv H	16.22	S Murray	Liv H	19.50	65
Jn2009	P Sankey	Liv RC	16.23	L Murphy	Liv H	20.14	85
Jly2009							
A2009	C Potts	Liv H	16.09	L Murphy	Liv H	19.09	74
S2009	C Potts	Liv H	16.05	L Quarless	Liv H	18.41	71
M2010	A Ashton	Liv H	16.22	J Clague	Liv H	17.52	112
Jn2010	J Mellor	Liv H	15.03	C Wilson	Liv H	19.01	136
Jly2010	S Mills	Sale	15.44	J Clague	Liv H	17.52	134
A2010	P Sankey	Liv RC	16.01	J Clague	Liv H	17.27	142
S2010	G Groves	Liv H	16.14	J Clague	Liv H	17.38	106
M2011	A Kaighin	Liv H	16.19	C Wilson	Liv H	18.59	103
Jn2011	J Riley	Liv H	15.42	S Jarvis	Liv H	18.51	132
Jly2011	C Gundersen	Liv H	15.26	C Wilson	Liv H	19.04	141
A2011							
S2011							
M2012	J Riley	Liv H	15.09	K Longley	PemSef	18.05	220
Jn2012	M Svenson	PLS	16.05	H Whiteside	Liv H	18.54	66
Jl2012	?						
A2012	C Potts	Liv H	16.09	L Murphy	Liv H	19.07	74
S2012	C Potts	Liv H	16.05	C Quarless	Liv H	18.41	71
M2013	C Grant	Liv H	16.19	R Williams	PLS	19.41	109
Jn 013	M Svenson	PLS	16.04	C Wilson	Liv H	19.02	130
Jy2013	J McNally	PLS	16.01	C Wilson	Liv H	18.23	118
A2013	M Svenson	PLS	16.13	K Longley	PemSef	17.38	157
S2013	J McNally	PLS	15.57	J Smith	Warrington	19.39	72
M2014	M Svenson	PLS	16.02	C Wilson	Liv H	18.32	149
Jn2014	J Toohey	LRC	16.18	C Wilson	Liv H	18.38	162
Jl2014	J Atkins	Liv H	16.52	E Gray	Liv H	18.37	140
A2014	M Svenson	PLS	16.09	E Gray	Liv H	18.29	217
S2014	C Howell	Liv H	16.32	C Wilson	Liv H	18.24	117
M2015	S Doyle	Liv RC	16.56	A McDaid	U	18.55	223
Jn2015	H Hundessa	Liv H	15.24	M Ball	Lincoln	18.31	173
Jl2015	H Hundessa	Liv H	15.21	E Kearney	Wirral	17.35	181
A2015	D McKaughlin	StMalachy	16.16	K Longley	LPS	17.44	246
S2015							