



**Southport Waterloo Open Track and Field Meeting,**  
Litherland Sports Park,  
23rd August 2014



<b>Senior Men 100m</b>				<b>Under 17 Men 400m</b>			
1 Julian. Ernst	Manchester Harriers	295	11.1	1 Ben. Mills	Southport Waterloo AC	243	57.5
2 Faisal. Othman	Manchester Harriers	296	11.2				
3 Jonathan. Baldie	Unattached	280	11.7	<b>Under 17 Men 800m</b>			
4 Daniel. Pass	Wirral AC	179	11.7	1 Chris. Rimmer	Southport Waterloo AC	200	2:23.7
5 Chris. Burgess	Southport Waterloo AC	211	12.1				
6 Bernarde. Bell	Unattached	159	13.8	<b>Under 17 Men 1 Mile</b>			
				1 Alex. Mcbain	Wirral AC	190	4:56.4
<b>Senior Men 200m</b>				<b>Under 17 Men Shot Putt</b>			
1 Daniel. Pass	Wirral AC	179	24.0	1 James. Tate	Skyrac	221	10.39
2 Chris. Burgess	Southport Waterloo AC	211	24.9				
3 Graham. Boreham	Southport Waterloo AC	182	25.8	<b>Under 17 Men Discus Throw</b>			
				1 James. Tate	Skyrac	221	37.06
<b>Senior Men 400m</b>				<b>Under 17 Men Javelin Throw</b>			
1 Matthew. Campbell	Southport Waterloo AC	254	55.4	1 Ben. Harding	L'pool Pembroke Sefton	205	37.16
2 Alan. Littler	West Cheshire AC	260	56.9				
3 Graham. Boreham	Southport Waterloo AC	182	57.5	<b>Under 15 Boys 100m</b>			
4 Bernarde. Bell	Unattached	159	64.3	1 Daniel. Lamb	St Helens Sutton AC	251	11.8
				2 Tanaka. Gandari	Wirral AC	317	12.7
<b>Senior Men 800m</b>				3 Jack. O'Neill	Southport Waterloo AC	246	12.9
1 Connor. Mcardle	Wallasey AC	162	2:15.5	<b>Under 15 Boys 200m Heat 1</b>			
				1 Daniel. Lamb	St Helens Sutton AC	251	24.6
<b>Senior Men 1 Mile</b>				2 Leon. Stubbs	Burney AC	256	24.7
1 Will. Ferguson	Wirral AC	319	5:07.4	3 Ethan. Hughes	Southport Waterloo AC	269	25.8
				4 Tanaka. Gandari	Wirral AC	317	25.9
<b>Senior Men 3000m</b>				<b>Under 15 Boys 200m Heat 2</b>			
1 David. Hamilton	Southport Waterloo AC	327	9:50.0	1 Harry. Flanagan	Southport Waterloo AC	245	26.6
2 Joe. Lazenby	Liverpool Running Club	313	10:22.0	2 Jack. O'Neill	Southport Waterloo AC	246	27.2
3 Jay. Clarke	Penny Lane Striders	314	10:22.7	3 Jimmy. Alderson	Southport Waterloo AC	240	28.7
				<b>Under 15 Boys 300m</b>			
<b>Senior Men Long Jump</b>				1 Leon. Stubbs	Burney AC	256	40.0
1 Don. Darroch	Wirral AC	289	4.81	2 Max. Thompson	Wirral AC	336	43.6
2 Lee. Coupland	Southport Waterloo AC	155	4.60	3 Jimmy. Alderson	Southport Waterloo AC	240	45.2
				<b>Under 15 Boys 800m</b>			
<b>Senior Men High Jump</b>				1 Arun. Dight	Vale Royal AC	255	2:13.7
1 Alan. Littler	West Cheshire AC	260	1.75	2 Ben. Williams	Wirral AC	325	2:31.3
				<b>Under 15 Boys 3000m</b>			
<b>Senior Men Shot Putt</b>				1 Tim. Hartley	Wigan & Dist Harriers	292	9:57.8
1 Liam. Harris	Southport Waterloo AC	183	10.26	<b>Under 15 Boys Long Jump</b>			
2 Dave. Brown	L'pool Pembroke Sefton	283	10.15	1 Harry. Flanagan	Southport Waterloo AC	245	5.54
				2 Ethan. Hughes	Southport Waterloo AC	269	5.36
<b>Senior Men Discus Throw</b>				3 Daniel. Lamb	St Helens Sutton AC	251	5.31
1 Dave. Brown	L'pool Pembroke Sefton	283	31.66	4 Benjamin. Apps	Southport Waterloo AC	290	3.78
2 Jon. Hunter	Southport Waterloo AC	284	23.42	5 Jack. O'Neill	Southport Waterloo AC	246	0
3 Liam. Harris	Southport Waterloo AC	183	21.04	<b>Under 15 Boys High Jump</b>			
1 Frankie. Murphy **	Challenge Sports	189	16.25	1 Kai. Finch	L'pool Pembroke Sefton	293	1.65
**F36 1kg discus				2 Leon. Stubbs	Burney AC	256	1.35
				3 Jimmy. Alderson	Southport Waterloo AC	240	1.30
<b>Senior Men Javelin Throw</b>				<b>Under 15 Boys Shot Putt</b>			
1 Dave. Brown	L'pool Pembroke Sefton	283	37.12	1 Nathan. Byrne	Southport Waterloo AC	172	11.00
2 Lee. Coupland	Southport Waterloo AC	155	31.50				
3 Liam. Harris	Southport Waterloo AC	183	24.41	<b>Under 15 Boys Discus Throw</b>			
1 Frankie. Murphy **	Challenge Sports	189	9.15	1 Nathan. Byrne	Southport Waterloo AC	172	35.44
**F36 600g javelin				2 Jordan. Kelly	Vale Royal AC	207	22.18
				<b>Under 17 Men 100m</b>			
<b>Under 17 Men 100m</b>				1 George. Asson	St Helens Sutton AC	323	11.4
1 George. Asson	St Helens Sutton AC	323	11.4	2 James. Radcliffe	Sale Harriers	334	11.4
2 James. Radcliffe	Sale Harriers	334	11.4	3 James. Sadula	Derby AC	228	11.9
3 James. Sadula	Derby AC	228	11.9	4 James. Tate	Skyrac	221	12.1
4 James. Tate	Skyrac	221	12.1	5 James. Chapman	Southport Waterloo AC	328	12.2
5 James. Chapman	Southport Waterloo AC	328	12.2	<b>Under 17 Men 200m</b>			
				1 James. Sadula	Derby AC	228	24.7
<b>Under 17 Men 200m</b>				2 Ben. Mills	Southport Waterloo AC	243	25.2
1 James. Sadula	Derby AC	228	24.7				
2 Ben. Mills	Southport Waterloo AC	243	25.2				



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## Under 15 Boys Javelin Throw

1 Rafael. Ribeiri	Team Kennet	306	42.75
2 Ethan. Hughes	Southport Waterloo AC	269	40.65
3 Jordan. Kelly	Vale Royal AC	207	23.82

## Under 13 Boys Shot Putt

1 William. Lancaster	Preston Harriers	191	9.84
2 Aran. Thomas	Wakefield Harriers	152	8.67
3 Aaron. Pimblett	Wigan & Dist Harriers	259	7.75

## Under 13 Boys 75m Hurdles

1 Glen. Quayle	Northern AC IofM	163	12.9
2 Jahein. Narnor	Liverpool Harriers	272	16.0

## Under 13 Boys Discus Throw

1 Aran. Thomas	Wakefield Harriers	152	28.24
2 William. Lancaster	Preston Harriers	191	24.08

## Under 13 Boys 100m Heat 1

1 Aaron. Pimblett	Wigan & Dist Harriers	259	13.7
2 Kieran. Green	Oldham & Royton	264	14.0
3 Sam. Burgess	Crewe & Nantwich AC	209	14.2
4 Flynn. Kaye	Wirral AC	332	15.1
5 Niall. Maloney	Horwich RMI	197	15.9

## Under 13 Boys Javelin Throw

1 Sam. Bannon	Liverpool Harriers	304	33.11
2 William. Lancaster	Preston Harriers	191	31.91
3 Aran. Thomas	Wakefield Harriers	152	30.22
4 Kieran. Green	Oldham & Royton	264	22.46
5 Adam. Swift	Southport Waterloo AC	322	17.83
6 Niall. Maloney	Horwich RMI	197	17.17

## Under 13 Boys 100m Heat 2

1 Harvey. Darroch	Wirral AC	287	12.9
2 Joshua. Pieles	Southport Waterloo AC	231	13.3
3 Luke. Suarez	Southport Waterloo AC	298	13.4
4 Owen. Southern	L'pool Pembroke Sefton	249	13.5
5 Sam. Worthington	Sale Harriers	321	14.0
6 Lewis. Morgan	Southport Waterloo AC	233	15.7

## Under 11 Boys 60m Hurdles

1 Ross. Quayle	Northern AC IofM	164	11.0
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## Under 11 Boys 75m Heat 1

1 Joshua. Stammers	Southport Waterloo AC	238	11.0
2 Michael. Webber	Western AC IoM	303	11.5
3 Dylan. O'Brien	St Helens Sutton AC	301	11.6
4 Jonny. Lloyd	Wirral AC	160	11.6
5 Patrick. Hammond	Unattached	329	11.7

## Under 13 Boys 200m Heat 1

1 Harvey. Darroch	Wirral AC	287	27.9
2 Joshua. Pieles	Southport Waterloo AC	231	28.0
3 Aaron. Pimblett	Wigan & Dist Harriers	259	28.8
4 Luke. Suarez	Southport Waterloo AC	298	29.0

## Under 11 Boys 75m Heat 2

1 Louis. Morrison	Trafford AC	222	11.1
2 Samuel. Harrison	Liverpool Harriers	261	11.2
3 Ross. Quayle	Northern AC IofM	164	11.3
4 Aidan. Lamb	St Helens Sutton AC	250	11.3
5 Benedict. Summers-Boyce	Southport Waterloo AC	232	11.8

## Under 13 Boys 200m Heat 2

1 Kieran. Green	Oldham & Royton	264	30.2
2 Tomas. Clark	Wirral AC	338	30.4
3 Sam. Worthington	Sale Harriers	321	30.9
4 Sam. Burgess	Crewe & Nantwich AC	209	31.2

## Under 11 Boys 150m

1 Joshua. Stammers	Southport Waterloo AC	238	22.6
2 Michael. Webber	Western AC IoM	303	22.9
3 Aidan. Lamb	St Helens Sutton AC	250	23.6
4 Jonny. Lloyd	Wirral AC	160	24.1
5 Dylan. O'Brien	St Helens Sutton AC	301	24.5
6 Benedict. Summers-Boyce	Southport Waterloo AC	232	24.7

## Under 13 Boys 800m

1 Casey. Woodworth	Wirral AC	330	2:17.1
2 Tomas. Clark	Wirral AC	338	2:39.7
3 Harry. Steele	Southport Waterloo AC	199	3:01.3
4 Max. Davies	Southport Waterloo AC	185	3:21.0

## Under 13 Boys 1 Mile

1 James. Cain	Southport Waterloo AC	181	5:53.8
2 Lewis. Morgan	Southport Waterloo AC	233	6:20.0
3 Alex. Swarbrick	Newmarket Joggers	331	6:31.8

## Under 11 Boys 600m

1 Tim. Woodman	Blackpool Wyre Fylde AC	217	1:58.3
2 Louis. Morrison	Trafford AC	222	2:00.1
3 Sam. Coupland	Southport Waterloo AC	153	2:02.5
4 Patrick. Hammond	Unattached	329	2:07.5
5 Harvey. Robinson	Wirral AC	277	2:08.1
6 Rhys. Davies	Southport Waterloo AC	186	2:11.0
7 Ben. Toole	St Helens Sutton AC	320	2:11.2
8 Joe. Hughes	Wirral AC	276	2:25.4

## Under 13 Boys Long Jump

1 Harvey. Darroch	Wirral AC	287	5.01
2 Glen. Quayle	Northern AC IofM	163	4.61
3 Luke. Suarez	Southport Waterloo AC	298	4.56
4 Sam. Worthington	Sale Harriers	321	4.50
5 Joshua. Pieles	Southport Waterloo AC	231	4.47
6 Adam. Swift	Southport Waterloo AC	322	3.91
7 Niall. Maloney	Horwich RMI	197	3.77
8 Max. Davies	Southport Waterloo AC	185	3.56
9 Harry. Steele	Southport Waterloo AC	199	2.76

## Under 11 Boys Long Jump

1 Joshua. Stammers	Southport Waterloo AC	238	4.13
2 Ross. Quayle	Northern AC IofM	164	3.73
3 Michael. Webber	Western AC IoM	303	3.59
4 Sam. Coupland	Southport Waterloo AC	153	3.49
5 Dylan. O'Brien	St Helens Sutton AC	301	3.16
6 Rhys. Davies	Southport Waterloo AC	186	3.00
7 Harvey. Robinson	Wirral AC	277	2.74
8 Louis. Morrison	Trafford AC	222	0

## Under 13 Boys High Jump

1 Owen. Southern	L'pool Pembroke Sefton	249	1.50
2 Glen. Quayle	Northern AC IofM	163	1.45
3 Sam. Burgess	Crewe & Nantwich AC	209	1.25



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## Under 11 Boys Vortex Ball

1 Tim. Woodman	Blackpool Wyre Fylde AC	217	28.3
2 Sam. Coupland	Southport Waterloo AC	153	27.5
3 Joe. Hughes	Wirral AC	276	22.2
4 Ben. Toole	St Helens Sutton AC	320	21.0
5 Aidan. Lamb	St Helens Sutton AC	250	20.5
6 Harvey. Robinson	Wirral AC	277	19.0

## Under 17 Women 80m Hurdles

1 Caitlin. Hornby	Preston Harriers	192	13.4
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## Under 17 Women 100m

1 Evelyn. Smalley	L'pool Pembroke Sefton	274	13.8
2 Caitlin. Hornby	Preston Harriers	192	13.8
3 Abigail. Clynych	Southport Waterloo AC	202	14.4

## Under 9 Boys 75m

1 Sam. Williams	Wirral AC	324	12.3
2 Connor. Norman	Lytham St Annes RR	266	12.6
3 Alexander. Steele	Southport Waterloo AC	198	13.4
4 Marcus. Burgess	Southport Waterloo AC	212	13.4
5 Thomas. Dowling	Unattached	282	13.7
6 John. Moore	Unattached	195	14.5

## Under 17 Women 300m

1 Melissa. Evans	Leigh Harriers	201	45.5
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## Under 17 Women 1 Mile

1 Jessica. Rogers	Blackpool Wyre Fylde AC	333	5:46.0
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## Under 17 Women Long Jump

1 Evelyn. Smalley	L'pool Pembroke Sefton	274	4.65
2 Abigail. Clynych	Southport Waterloo AC	202	4.16

## Under 9 Boys 150m

1 Chris. Clark	Wirral AC	339	25.8
2 Marcus. Burgess	Southport Waterloo AC	212	27.4
3 Thomas. Dowling	Unattached	282	28.1

## Under 17 Women High Jump

1 Caitlin. Hornby	Preston Harriers	192	1.40
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## Under 9 Boys 600m

1 Finn. Cain	Southport Waterloo AC	271	2:13.8
2 Chris. Clark	Wirral AC	339	2:16.5
3 Alexander. Steele	Southport Waterloo AC	198	2:32.5

## Under 17 Women Discus Throw

1 Lauren. Whitehouse	Wolv & Bilston AC	270	14.78
2 Nicole. Hernandez	L'pool Pembroke Sefton	299	0

## Under 17 Women Javelin Throw

1 Gemma. Kingsley	Wigan & Dist Harriers	337	34.76
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## Under 9 Boys Long Jump

1 Alexander. Steele	Southport Waterloo AC	198	2.49
2 John. Moore	Unattached	195	2.28

## Under 15 Girls 75m Hurdles

1 Emma. Rowlands	Wirral AC	307	13.2
2 Rachel. Jones	Unattached	262	13.6

## Under 9 Boys Vortex Ball

1 Thomas. Dowling	Unattached	282	22.00
2 Connor. Norman	Lytham St Annes RR	266	16.75
3 John. Moore	Unattached	195	10.70

## Under 15 Girls 100m

1 Megan. Lang	St Helens Sutton AC	219	14.1
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## Senior Women 100m

1 Charlotte. Bawden	Northern AC IofM	225	13.0
2 Ellie. Alderson	Southport Waterloo AC	239	13.6

## Under 15 Girls 200m

1 Emily. Darroch	Wirral AC	286	29.2
2 Rachel. Jones	Unattached	262	31.2

## Senior Women 200m

1 Tameika. Cuff	Trafford AC	311	26.9
2 Charlotte. Bawden	Northern AC IofM	225	28.4
3 Ellie. Alderson	Southport Waterloo AC	239	30.0

## Under 15 Girls 300m

1 Emma. Alderson	Southport Waterloo AC	241	43.5
2 Megan. Lang	St Helens Sutton AC	219	49.7

## Senior Women 400m

1 Tameika. Cuff	Trafford AC	311	61.2
2 Clare. Constable	L'pool Pembroke Sefton	341	64.3

## Under 15 Girls 800m

1 Liz. Wright	Halton & Frodsham AC	167	2:32.5
2 Katie. Thompson	Wirral AC	335	2:37.8
3 Chloe. Norman	Lytham St Annes RR	268	2:39.9
4 Sophie. Hall	Oldham & Royton	285	2:50.5

## Senior Women 1 Mile

1 Tracey. Peters	Southport Waterloo AC	343	5:50.7
2 Lisa. Gawthorne	L'pool Pembroke Sefton	213	6:05.1

## Under 15 Girls 1 Mile

1 Alexandra. Bunclark	Southport Waterloo AC	242	6:03.8
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## Senior Women 3000m

1 Lisa. Gawthorne	L'pool Pembroke Sefton	213	11:42.0
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## Under 15 Girls Long Jump

1 Liz. Wright	Halton & Frodsham AC	167	4.35
2 Chloe. Norman	Lytham St Annes RR	268	4.29
3 Sophie. Hall	Oldham & Royton	285	3.99

## Senior Women Long Jump

1 Katy. Coupland	Southport Waterloo AC	154	3.09
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## Under 15 Girls High Jump

1 Jade. Murphy	L'pool Pembroke Sefton	229	1.50
2 Emma. Rowlands	Wirral AC	307	1.40
3 Megan. Lang	St Helens Sutton AC	219	1.35
4 Rachel. Jones	Unattached	262	1.35
5 Sophie. Hall	Oldham & Royton	285	1.35

## Senior Women Discus Throw

1 Katy. Coupland	Southport Waterloo AC	154	25.22
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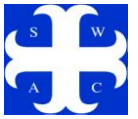
## Senior Women Javelin Throw

1 Katy. Coupland	Southport Waterloo AC	154	16.45
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## Under 15 Girls Shot Putt

1 Alexandra. Tate	Skyrac	220	7.97
2 Alexandra. Bunclark	Southport Waterloo AC	242	7.71
3 Liz. Wright	Halton & Frodsham AC	167	6.67

## Under 15 Girls Discus Throw

1 Chelsea-Lou. Murphy	Challenge Sports	188	20.08
2 Alexandra. Tate	Skyrac	220	16.54

## Under 15 Girls Javelin Throw

1 Alexandra. Bunclark	Southport Waterloo AC	242	22.92
2 Emily. Darroch	Wirral AC	286	12.94

## Under 13 Girls 70m Hurdles

1 Emily. Warren	Blackburn Harriers	310	12.6
2 Charlotte. Williams	Blackburn Harriers	291	12.6
3 Megan. Shields	City of Stoke AC	180	13.1
4 Alice. Prescott	Southport Waterloo AC	166	14.1
5 Sinead. Tohill	Southport Waterloo AC	244	15.5
6 Jessica. Morgan	Southport Waterloo AC	234	15.7

## Under 13 Girls 75m Heat 1

1 Francesca. Medlicott	Southport Waterloo AC	236	10.7
2 Poppy. Glasby-Seddon	Preston Harriers	226	10.8
3 Kira. Perry	Northern AC IofM	184	11.4
4 Sinead. Tohill	Southport Waterloo AC	244	11.6
5 Megan. Shields	City of Stoke AC	180	11.6
6 Charlotte. Howard	Southport Waterloo AC	235	11.7

## Under 13 Girls 75m Heat 2

1 Sadie. McNulty	L'pool Pembroke Sefton	281	11.4
2 Amy. Reeves	Liverpool Harriers	273	11.5
3 Stephanie. Robertson	Southport Waterloo AC	203	11.7
4 Scarlet. Whitfield	L'pool Pembroke Sefton	278	11.7
5 Bethany. Swift	Southport Waterloo AC	168	15.2

## Under 13 Girls 75m Heat 3

1 Jaime. Stanton	Wirral AC	227	10.7
2 Chloe. Penketh	Wirral AC	210	10.9
3 Liela. Bendris	Preston Harriers	288	11.5
4 Jessica. Morgan	Southport Waterloo AC	234	11.5
5 Ella. Tobin	Southport Waterloo AC	309	12.5

## Under 13 Girls 75m Heat 4

1 Charlotte. Mairs	Sale Harriers	300	10.4
2 Kate. Bird	Sale Harriers	316	10.5
3 Mia. Tomlinson-Oldfiel	Southport Waterloo AC	312	10.6
4 Tyler. Hill	Sale Harriers	315	10.9
5 Georgina. Duncan	Unattached	258	11.2

## Under 13 Girls 150m Heat 1

1 Emily. Warren	Blackburn Harriers	310	20.9
2 Charlotte. Mairs	Sale Harriers	300	21.0
3 Kate. Bird	Sale Harriers	316	21.2
4 Mia. Tomlinson-Oldfiel	Southport Waterloo AC	312	21.8
5 Kira. Perry	Northern AC IofM	184	22.3
6 Katie. Roberts	Western AC IoM	224	25.6

## Under 13 Girls 150m Heat 2

1 Francesca. Medlicott	Southport Waterloo AC	236	21.0
2 Chloe. Penketh	Wirral AC	210	21.1
3 Jaime. Stanton	Wirral AC	227	21.5
4 Tyler. Hill	Sale Harriers	315	22.3
5 Isobelle. Woodman	Blackpool Wyre Fylde AC	216	22.5

## Under 13 Girls 150m Heat 3

1 Alice. Prescott	Southport Waterloo AC	166	22.3
2 Niamh. Edmunds	Southport Waterloo AC	247	22.7
3 Stephanie. Robertson	Southport Waterloo AC	203	24.8
4 Emily. Armstrong	Southport Waterloo AC	175	24.8
5 Bethany. Swift	Southport Waterloo AC	168	31.8

## Under 13 Girls 800m

1 Alice. Tonge	Bolton United Harriers	215	2:43.6
2 Molly. Riding	Southport Waterloo AC	173	2:44.8
3 Niamh. Edmunds	Southport Waterloo AC	247	2:48.3
4 Annabel. Riding	Southport Waterloo AC	174	2:59.0
5 Louise. Gallagher	Solihull & Small Heath	196	3:00.9
6 Molly. Williams	Wirral AC	326	3:07.2
7 Emily. Armstrong	Southport Waterloo AC	175	3:17.2
8 Jessica. Morgan	Southport Waterloo AC	234	3:18.8

## Under 13 Girls 1200m

1 Beth. Doubtfire	Liverpool Harriers	342	4:36.9
2 Freya. Walsh	Southport Waterloo AC	178	4:50.0
3 Megan. Howarth	Southport Waterloo AC	176	5:12.5

## Under 13 Girls 1 Mile

1 Jessica. Mcdonagh	Southport Waterloo AC	165	6:16.8
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## Under 13 Girls Long Jump

1 Alice. Prescott	Southport Waterloo AC	166	4.08
2 Sadie. McNulty	L'pool Pembroke Sefton	281	4.05
3 Francesca. Medlicott	Southport Waterloo AC	236	3.97
4 Kira. Perry	Northern AC IofM	184	3.74
5 Poppy. Glasby-Seddon	Preston Harriers	226	3.70
6 Alice. Tonge	Bolton United Harriers	215	3.66
7 Scarlet. Whitfield	L'pool Pembroke Sefton	278	3.56
8 Megan. Shields	City of Stoke AC	180	3.52
9 Niamh. Edmunds	Southport Waterloo AC	247	3.48
10 Liela. Bendris	Preston Harriers	288	3.29
11 Charlotte. Howard	Southport Waterloo AC	235	3.23
12 Katie. Roberts	Western AC IoM	224	3.16
13 Ella. Tobin	Southport Waterloo AC	309	3.10

## Under 13 Girls High Jump

1 Sadie. McNulty	L'pool Pembroke Sefton	281	1.35
2 Megan. Lockwood	Northern AC IofM	177	1.30
3 Isobelle. Woodman	Blackpool Wyre Fylde AC	216	1.30
4 Scarlet. Whitfield	L'pool Pembroke Sefton	278	1.15

## Under 13 Girls Shot Putt

1 Eloise. Littlefair	Blackburn Harriers	279	8.98
2 Charlotte. Williams	Blackburn Harriers	291	8.19
3 Louise. Whitehouse	Wolv & Bilston AC	151	7.24
4 Emily. Warren	Blackburn Harriers	310	6.53
5 Megan. Howarth	Southport Waterloo AC	176	4.52
6 Charlotte. Howard	Southport Waterloo AC	235	4.43
7 Stephanie. Robertson	Southport Waterloo AC	203	3.81

## Under 13 Girls Discus Throw

1 Louise. Whitehouse	Wolv & Bilston AC	151	26.93
2 Megan. Lockwood	Northern AC IofM	177	24.53
3 Charlotte. Williams	Blackburn Harriers	291	24.39
4 Eloise. Littlefair	Blackburn Harriers	279	22.44
5 Bethan. Kelly	Vale Royal AC	206	21.22
6 Louise. Gallagher	Solihull & Small Heath	196	16.94



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6 Liela Bendris Preston Harriers 288

## Under 13 Girls Javelin Throw

1 Bethan. Kelly	Vale Royal AC	206	25.40
2 Eloise. Littlefair	Blackburn Harriers	279	21.98
3 Megan. Lockwood	Northern AC IofM	177	20.02
4 Megan. Howarth	Southport Waterloo AC	176	17.00
5 Louise. Whitehouse	Wolv & Bilston AC	151	13.01
6 Katie. Roberts	Western AC IoM	224	11.83
7 Sinead. Tohill	Southport Waterloo AC	244	9.67

## Under 11 Girls Vortex Ball

1 Emily. Brough	L'pool Pembroke Sefton	253	20.35
2 Mia. Culshaw	Liverpool Harriers	318	10.17

## Under 9 Girls 75m

1 Macy. Hillier	Manx Harriers	157	12.3
2 Katelyn. Swift	Southport Waterloo AC	169	12.7
3 Emilia. Lamb	St Helens Sutton AC	252	13.2
4 Bethany. Stammers	Southport Waterloo AC	237	14.2
5 Caitlin. Robertson	Southport Waterloo AC	204	14.3

## Under 11 Girls 60m Hurdles Heat 1

1 Elizabeth. Greenall	St Helens Sutton AC	302	11.8
2 Ciara. Ellis	City of Stoke AC	208	11.9
3 Georgia. Norman	Lytham St Annes RR	267	12.4
4 Jemima. Hardaker	Southport Waterloo AC	248	12.6

## Under 9 Girls 150m

1 Grace. Tobin	Southport Waterloo AC	230	25.2
2 Katelyn. Swift	Southport Waterloo AC	169	26.3
3 Emilia. Lamb	St Helens Sutton AC	252	28.2
4 Bethany. Stammers	Southport Waterloo AC	237	29.9

## Under 11 Girls 60m Hurdles Heat 2

1 Amy. Reeves	Liverpool Harriers	273	12.1
2 Olivia. Logan	Southport Waterloo AC	263	12.9

## Under 9 Girls 600m

1 Macy. Hillier	Manx Harriers	157	2:07.3
2 Grace. Tobin	Southport Waterloo AC	230	2:20.1
3 Katelyn. Swift	Southport Waterloo AC	169	2:47.1

## Under 11 Girls 75m Heat 1

1 Aisha. Quartely-Davis	Liverpool Harriers	275	11.8
2 Katie. Lang	St Helens Sutton AC	297	12.1
3= Olivia. Logan	Southport Waterloo AC	263	12.7
3= Juliette. Duncan	Unattached	257	12.7
5 Katy. Bluck	Unattached	265	17.1

## Under 9 Girls Long Jump

1 Grace. Tobin	Southport Waterloo AC	230	3.22
2 Macy. Hillier	Manx Harriers	157	2.99
3 Bethany. Stammers	Southport Waterloo AC	237	2.69

## Under 11 Girls 75m Heat 2

1 Meg. Corker	Halton & Frodsham AC	294	11.3
2 Hannah. Turner	Blackpool Wyre Fylde AC	194	11.4
3 Poppy. Edwards	Southport Waterloo AC	161	11.9
4 Grace. Roberts	Western AC IoM	223	12.1
5 Aaliyah. Hayes	Wirral AC	308	12.7

## Under 9 Girls Vortex Ball

1 Emilia. Lamb	St Helens Sutton AC	252	16.1
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## Under 11 Girls 150m Heat 1

1 Meg. Corker	Halton & Frodsham AC	294	22.2
2 Hannah. Turner	Blackpool Wyre Fylde AC	194	22.2
3 Emily. Brough	L'pool Pembroke Sefton	253	22.6
4 Grace. Roberts	Western AC IoM	223	24.6
5 Katie. Lang	St Helens Sutton AC	297	25.3

## Under 11 Girls 150m Heat 2

1 Elizabeth. Greenall	St Helens Sutton AC	302	24.8
2 Poppy. Edwards	Southport Waterloo AC	161	25.0
3 Mia. Culshaw	Liverpool Harriers	318	26.0
4 Katy. Bluck	Unattached	265	26.0

## Under 11 Girls 600m

1 Emily. Brough	L'pool Pembroke Sefton	253	2:01.5
2 Georgia. Norman	Lytham St Annes RR	267	2:05.1
3 Ciara. Ellis	City of Stoke AC	208	2:05.7
4 Olivia. Logan	Southport Waterloo AC	263	2:06.2
5 Elizabeth. Greenall	St Helens Sutton AC	302	2:13.0

## Under 11 Girls Long Jump

1 Jemima. Hardaker	Southport Waterloo AC	248	3.40
2 Ciara. Ellis	City of Stoke AC	208	3.39
3 Katie. Lang	St Helens Sutton AC	218	3.39
4 Hannah. Turner	Blackpool Wyre Fylde AC	194	3.35
5 Georgia. Norman	Lytham St Annes RR	267	3.20
6 Aisha. Quartely-Davis	Liverpool Harriers	275	3.06
7 Grace. Roberts	Western AC IoM	223	2.90
8 Poppy. Edwards	Southport Waterloo AC	161	2.90
9 Grace. Tonge	Bolton United Harriers	214	2.74
10 Juliette. Duncan	Unattached	257	2.52