

Litherland Track Relays (inc Merseyside Relay Champs)

Litherland Sports Park, Litherland
16th September 2007



Open 100m Race 1

1	U13G Sophie Riley	13.8	Blackpool Wyre & Fylde AC
2	U13G Rose Armitage	14.0	East Cheshire Harriers
3	U13G Bethany Bowers	14.1	East Cheshire Harriers

Open 100m Race 2

1	U17W Charlotte Buckingham	14.1	Southport Waterloo AC
2	U17W Sarah Spencer	14.1	Southport Waterloo AC

Open 100m Race 3

1	U13B Sean Vis	15.4	Southport Waterloo AC
2	U13B Graham Boreham	15.4	Southport Waterloo AC

3K Paarlauf

1	J/SM Liverpool, Pembroke & Sefton	8:08.8	Paul Milburn	Mark Donoghue	(splits 30.1, 60.7, 64.2, 65.5, 68.5, 67.7, 67.4, 65.1)
2	J/SM Southport Waterloo AC	8:50.3	John Sprackland	Richard Cary	
3	J/SM Southport Waterloo AC	10:30.3	Graham Ellis	Carlos Irizar	
1	U17W Southport Waterloo AC	9:18.3	Stephanie James	Rhea Ellis	
1	U15G East Cheshire Harriers	8:56.7	Katie Reynolds	Hannah Doherty	
2	U15G East Cheshire Harriers	9:41.7	Natalie Davies	Vicky Newell	

3 x 800m

1	U15G East Cheshire Harriers	7:43.8	Katie Reynolds	Natalie Davies	Hannah Doherty	(splits 72.2, 81.7, 79.3, 81.9, 70.1, 78.7)
2	U15G Southport Waterloo AC	7:54.3	Katie Morris	Laura Riley	Jane Ingram	(splits 71.8, 78.4, 81.5, 84.6, 75.5, 82.6)
1	U13G Southport Waterloo AC	7:57.2	Patricia Irizar	Sally Wareing	Ellon Hart	(splits 73.6, 85.6, 78.0, 86.2, 72.8, 81.0)
1	U13B Southport Waterloo AC	7:53.5	Niall Cullen	Gary Clark	Liam Ellis	(splits 71.0, 79.1, 82.2, 84.2, 74.2, 83.2)

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4 x 100m

						M'side Champs Award	
1	U17W Southport Waterloo AC	53.7	Charlotte Buckingham	Sarah Spencer	Rachael Flynn	Lauren Brennan	Gold
1	U15G Blackpool Wyre & Fylde AC	52.0	Robyn Starkey	Lucy Mansfield	Megan Healey	Katey Wyper	
2	U15G Southport Waterloo AC	54.3	Beth McBride	Louise Kelly	Jane Ingram	Emma Lyons	Gold
3	U15G St Helens-Sutton	55.9	Natasha Le Surf	Sophie Rigby	Francesca Calvert	Jenny Lamb	Silver
1	U13G East Cheshire Harriers	55.3	Rose Armitage	Lauren Cunliffe	Gabriella Guarnieri	Bethany Bowers	
2	U13G St Helens-Sutton	57.7	Amanda Paton	Lianne Bibby	Danielle McGifford	Tricia Spark	Gold
3	U13G Blackpool Wyre & Fylde AC	60.2	Holly Montiero	Sophie Riley	Teagan O'Hara	Kassidy Knight	
4	U13G St Helens-Sutton	62.9	Becky O'Brien	Amy Shaw	Lucy Renshall	Vicky Lamb	
1	U15B Southport Waterloo AC	48.2	Joshua Murphy	Joshua Hughes	Andrew Starkey	James Armstrong	Gold
1	U13B St Helens-Sutton	56.1	Kieron Fahey	Ethan Allen	Carl Hargreaves	Michael Causer	Gold
2	U13B Southport Waterloo AC	62.4	Sean Vis	Graham Boreham	Gary Clark	Niall Cullen	Silver

4 x 300m

1	U17W Southport Waterloo AC	2:56.4	Stephanie James	Sarah Docherty	Rachael Flynn	Lauren Brennan	Gold
1	U15G Blackpool Wyre & Fylde AC	2:59.0	Katey Wyper	Meagan Healey	Ruth Holdsworth	Lucy Mansfield	
2	U15G East Cheshire Harriers	3:11.4	Vicky Newell	Natalie Davies	Katie Reynolds	Hannah Doherty	

4 x 200m

1	U15B Southport Waterloo AC	1:44.1	Joshua Murphy	Joshua Hughes	Andrew Starkey	James Armstrong	
1	U15G Blackpool Wyre & Fylde AC	1:53.0	Clair Owen	Katey Wyper	Robyn Starkey	Lucy Mansfield	
1	U13G East Cheshire Harriers	1:59.3	Rose Armitage	Lauren Cunliffe	Gabriella Guarnieri	Bethany Bowers	
2	U13G Blackpool Wyre & Fylde AC	2:00.6	Holly Montiero	Kassidy Knight	Marie Andrews	Sophie Riley	



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Medley - 200m, 200m, 400m, 800m

1	U15G Southport Waterloo AC	4:38.1	Louise Kelly	Emma Lyons	Jane Ingram	Katie Morris
2	U15G East Cheshire Harriers	4:44.2	Katie Reynolds	Natalie Davies	Hannah Doherty	Vicky Newell
3	U15G Blackpool Wyre & Fylde AC	4:52.2	Ruth Holdsworth	Robyn Starkey	Lucy Mansfield	Megan Healey

Medley - 100m, 100m, 200m, 600m

1	U13G Blackpool Wyre & Fylde AC	3:08.9	Marie Andrews	Kassidy Knight	Sophie Riley	Taegan O'Hara
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