

Liverpool Harriers Melbourne Open Meeting
Sunday 18 April 2004
Wavertree Athletics Stadium

110m Hurdles Senior & Junior Men

1	149	Andrew Wignall	JM	Liv Pembroke Sefton	16.9
2	106	Neil Edwards	SM	Wrexham	17.5

100m Senior Men Race 1

1	169	Kris Kayes	SM	Liverpool H	11.5
2	89	David Street	JM	Liv Pembroke Sefton	12.0
3	143	Ben Grundy	SM	-	12.1
4	199	Paul Adey	SM	Newham & Essex B	12.1
5	106	Neil Edwards	SM	Wrexham	12.7

100m Senior Men Race 2

1	184	Chris Smith	SM	Liverpool H	11.1
2	90	Phil Taylor	JM	Liv Pembroke Sefton	11.2
3	138	Ioan Rhys Hughes	SM	Menai T & F	12.3
4	171	Andrew Dobie	SM	Liverpool H	12.5
5	172	Paul Effiong	SM	Unattached	12.5
6	109	Nad Wahid	SM	Ben Laing SoE	14.2

200m Senior & Junior Men

1	113	Jordan Flearly	JM	Liverpool H	22.9
2	135	Kieran McGing	SM	Notts AC/Uni	23.3
3	186	Michael Wilkinson	JM	Wirral AC	24.3
4	172	Paul Effiong	SM	Unattached	25.9
5	171	Andrew Dobie	SM	Liverpool H	25.9
6	75	Darren Wai	U17 M	Wirral AC	27.7

200m Senior & Junior Men

1	167	Paul Lenehan	JM	Liverpool H	23.2
2	108	Mik Mesney	SM	Wrexham	23.9
3	173	Christopher Woodhouse	JM	Liverpool H	24.2
4	156	Matthew Maloney	JM	Liverpool H	24.7
5	152	Kevin Sargeant	JM	Blackpool & Fylde	25.0
6	178	Andrew Boyd	JM	Wirral AC	25.3
7	136	Michael Matar	JM	Liv Pembroke Sefton	25.5

200m Senior & Junior Men

1	90	Phil Taylor	JM	Liv Pembroke Sefton	23.2
2	175	Ian Tinsley	SM	Wirral AC	23.9
3	94	Leon Creavey	SM	Liverpool H	24.1
4	169	Kris Kayes	SM	Liverpool H	24.2
5	138	Ioan Rhys Hughes	SM	Menai T & F	24.7
6	185	Ben Lloyd	JM	Wirral AC	25.4
7	139	Jonathan Williams Lyall	U15 B	Menai T & F	26.0

Triple Jump Men

1	124	Graeme Matthews	JM	Wirral AC	13.81
2	105	Jamie Creighton	SM	Liverpool H	12.22
3	129	Liam Wignall	U17 M	Liv Pembroke Sefton	11.62

Pole Vault Senior Men

1	92	David Allister	SM	Sale H	3.00
2	96	David McKown	SM	Liverpool H	2.70
3	106	Neil Edwards	SM	Wrexham	2.60
4	109	Nad Wahid	SM	Ben Laing SoE	2.40

High Jump Senior Men

1	105	Jamie Creighton	SM	Liverpool H	2.00
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Long Jump Men

1	105	Jamie Creighton	SM	Liverpool H	6.33
2	165	Adam Morris	SM	Liv Pembroke Sefton	6.32
3	145	Alan Ross	SM	Liv Pembroke Sefton	6.10
4	137	Matthew Cullen	JM	Sale H	6.05
5	89	David Street	JM	Liv Pembroke Sefton	5.90
6	72	Paul Record	U17 M	Southport Waterloo	5.61
7	144	Simon Williams	U17 M	Liv Pembroke Sefton	5.51
8	64	Stephen Knowles	U17 M	St Helens Sutton	5.45

Hammer Senior Men

1	76	Mike Bomba	JM	Liverpool H	45.12
2	134	Mark Line	SM	Liv Pembroke Sefton	38.47
3	93	Merrick Bousfield	SM	Liv Pembroke Sefton	35.11
4	100	Richard Stocker	SM	West Cheshire	33.80

Discus Senior Men

1	146	Bryan Kelly	SM	Trafford AC	44.22
2	134	Mark Line	SM	Liv Pembroke Sefton	36.09
3	100	Richard Stocker	SM	West Cheshire	35.65
4	93	Merrick Bousfield	SM	Liv Pembroke Sefton	30.74
5	96	David McKown	SM	Liverpool H	29.79
6	181	Phil Robinson	SM	St Helens Sutton	27.00
7	160	Michael Dandy	SM	Liv Pembroke Sefton	22.88

Javelin Senior Men

1	184	Chris Smith	SM	Liverpool H	58.08
2	96	David McKown	SM	Liverpool H	53.58
3	134	Mark Line	SM	Liv Pembroke Sefton	45.77

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200m Senior & Junior Men

1	153	Andrew Kelly	U17 M	Liverpool H	23.5
2	72	Paul Record	U17 M	Southport Waterloo	24.0
3	57	Brendan Devine	U17 M	Liverpool H	24.5
4	88	Alex Stokes	JM	Liv Pembroke Sefton	24.8
5	130	Thomas Daniels	U17 M	Liv Pembroke Sefton	24.8
6	141	James Wright	U17 M	Kendal AAC	25.0
7	122	Graham Morland	U17 M	Liverpool H	26.1

400m Junior & Senior Men

1	175	Ian Tinsley	SM	Wirral AC	52.8
2	120	Mark Grimshaw	JM	Liv Pembroke Sefton	54.4
3	153	Andrew Kelly	U17 M	Liverpool H	54.5
4	181	Phil Robinson	SM	St Helens Sutton	56.9
5	143	Ben Grundy	SM	-	57.0
6	162	Matthew James Cliff	JM	Unattached	58.1
7	198	Nick Jones	SM	Wirral AC	58.6
8	151	Danny Hughes	JM	Blackpool & Fylde	59.6

800m Men Race 1

1	183	Terry Brady	U17 M	Liverpool H	02:08.2
2	191	David Furlong	U17 M	Liv Pembroke Sefton	02:09.3
3	65	Liam McCully	U17 M	Liverpool H	02:10.5
4	62	Craig Hoy	U17 M	Liverpool H	02:12.7
5	67	Joseph McKenna	U17 M	Liv Pembroke Sefton	02:13.3
6	157	Jordan Donnelly	U17 M	Wirral AC	02:14.1
7	115	Craig James	U17 M	Liverpool H	02:19.6
8	91	Roy Turnham	JM	Liverpool H	02:22.8
9	70	Greg Owen	U17 M	Southport Waterloo	02:35.8

800m Men Race 2

1	123	Stuart Morland	JM	Liverpool H	01:59.0
2	177	Peter Grogan	U17 M	Liverpool H	02:04.7
3	94	Leon Creavey	SM	Liverpool H	02:07.3
4	55	Nicholas Bradley	U17 M	Border	02:08.8
5	196	John Mannion	JM	Liverpool H	02:09.1

100m Junior Men Race 1

1	167	Paul Lenehan	JM	Liverpool H	11.2
2	173	Christopher Woodhouse	JM	Liverpool H	11.4
3	108	Mik Mesney	SM	Wrexham	11.5
4	170	Anthony Carroll	JM	Liverpool H	11.6
5	185	Ben Lloyd	JM	Wirral AC	12.0
6	136	Michael Matar	JM	Liv Pembroke Sefton	12.5

100m Junior Men Race 2

1	79	Michael Goulding	JM	Liverpool H	11.6
2	186	Michael Wilkinson	JM	Wirral AC	11.7
3	178	Andrew Boyd	JM	Wirral AC	12.0
4	119	Nathan Seth Ouko	JM	Southport Waterloo	12.0
5	104	John Walker	JM	Wirral AC	12.0
6	75	Darren Wai	U17 M	Wirral AC	13.7

High Jump Junior Men

1	81	Adam Heslop	JM	Wirral AC	1.90
2	87	Peter Ringel	JM	Sale H	1.90

Shot Put Senior Men

1	83	Will Lowndes	JM	Liverpool H	12.60
2	106	Neil Edwards	SM	Wrexham	9.90
3	109	Nad Wahid	SM	Ben Laing SoE	9.28
4	160	Michael Dandy	SM	Liv Pembroke Sefton	8.89

1500m U17 & Senior Men

1	180	John Mc.Cole	SM	Liverpool H	04:11.0
2	95	Stephen Donegan	SM	Liv Pembroke Sefton	04:11.5
3	189	David Twigg	U17 M	St Helens Sutton	04:15.9
4	71	Michael Quarless	U17 M	Liverpool H	04:18.8
5	66	James McCully	U17 M	Liverpool H	04:19.8
6	99	Luke Sanders	SM	Liv Pembroke Sefton	04:22.1
7	188	Steven Mayers	JM	St Helens Sutton	04:25.3
8	62	Craig Hoy	U17 M	Liverpool H	04:27.8
9	182	Carl Williams	JM	Liv Pembroke Sefton	04:28.9
10	190	Greg Williams	JM	St Helens Sutton	04:31.1
11	56	David Catt	U17 M	Liverpool H	04:31.8
12	82	Mark Leicester	JM	Liv Pembroke Sefton	04:38.4
13	195	Chris Pedder	SM	Newburgh Nomads	04:38.9
14	54	Robert Bland	U17 M	Liv Pembroke Sefton	04:55.5

3000m Men

1	60	Craig Gunderson	U17 M	Liverpool H	09:37.8
2	68	Chris Melling	U17 M	Liv Pembroke Sefton	10:11.4
3	174	Shaun Caldwell	JM	Liverpool H	10:19.1
4	164	Ricky James Challinor	U15 B	Deeside AC	10:47.6

Hammer Junior Men

1	76	Mike Bomba	JM	Liverpool H	52.18
2	83	Will Lowndes	JM	Liverpool H	47.53

Discus Junior Men

1	83	Will Lowndes	JM	Liverpool H	39.00
2	76	Mike Bomba	JM	Liverpool H	37.10

Shot Put Junior Men

1	83	Will Lowndes	JM	Liverpool H	14.38
2	87	Peter Ringel	JM	Sale H	11.31
3	76	Mike Bomba	JM	Liverpool H	11.10
4	137	Matthew Cullen	JM	Sale H	8.15

Javelin Junior Men

1	85	Paul McKown	JM	Liverpool H	48.48
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Pole Vault Junior Men

1	87	Peter Ringel	JM	Sale H	3.30
2	78	Alex Dougherty	JM	Sale H	2.80

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100m Hurdles U17 Men

1	141	James Wright	U17 M	Kendal AAC	15.0
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400m Hurdles U17 Men

1	69	Andrew Moorcroft	U17 M	Liverpool H	61.1
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100m U17 Men

1	63	Craig Knight	U17 M	St Helens Sutton	11.3
2	72	Paul Record	U17 M	Southport Waterloo	11.5
3	153	Andrew Kelly	U17 M	Liverpool H	11.5
4	88	Alex Stokes	JM	Liv Pembroke Sefton	11.9
5	57	Brendan Devine	U17 M	Liverpool H	12.1
6	142	Steven Lewis	U17 M	Liverpool H	12.2
7	144	Simon Williams	U17 M	Liv Pembroke Sefton	12.3

Pole Vault U17 Men

1	73	Ezekial Rowe	U17 M	Sale H	3.20
2	142	Steven Lewis	U17 M	Liverpool H	3.00
3	70	Greg Owen	U17 M	Southport Waterloo	2.00

80m Hurdles U15 Boys

1	26	Andrew Burgess	U15 B	Wirral AC	13.9
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100m U15 Boys Race 1

1	131	Andrew Spence	U15 B	Liverpool H	11.7
2	35	Daniel Higham	U15 B	Liv Pembroke Sefton	11.9
3	26	Andrew Burgess	U15 B	Wirral AC	12.9
4	50	Christopher Roose	U15 B	Liverpool H	13.5
5	34	Stephen Gellet	U15 B	Southport Waterloo	13.9
6	111	Anthony Marsh	U15 B	St Helens Sutton	13.9

100m U15 Boys Race 2

1	132	Tony Corrigan	U15 B	Liverpool H	11.9
2	33	Ryan Gallagher	U15 B	Wirral AC	12.9
3	140	Matthew Wright	U15 B	Kendal AAC	13.6
4	39	Craig O'Brien	U15 B	Wirral AC	14.0
5	118	Daniel Howard	U15 B	Liverpool H	14.7

100m U15 Boys Race 3

1	27	Barry Conway	U15 B	Liverpool H	12.4
2	139	Jonathan Williams Lyall	U15 B	Menai T & F	12.4
3	36	Nathan Hilton	U15 B	Liv Pembroke Sefton	12.5
4	125	Gavin Smith	U15 B	Liverpool H	12.9
5	155	Alex Hennessy	U15 B	Wirral AC	13.9
6	197	Joseph Mannion	U15 B	Liverpool H	15.1

Hammer U17 Men

1	70	Greg Owen	U17 M	Southport Waterloo	18.01
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Discus U17 Men

1	59	Steven Fogg	U17 M	Liverpool H	34.08
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Shot Put U17 Men

1	61	Ross Hayhurst	U17 M	Liverpool H	12.65
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Javelin U17 Men

1	58	Chris Fairclough	U17 M	Liv Pembroke Sefton	47.74
2	52	Andrew Allan	U17 M	Liverpool H	36.55
3	53	Philp Berry	U17 M	Liv Pembroke Sefton	34.01

High Jump U17 Men

1	158	Matthew Owens	U17 M	Liverpool H	1.85
2	64	Stephen Knowles	U17 M	St Helens Sutton	1.50

High Jump U15 Boys

1	101	Mike Ehlen	U15 B	St Helens Sutton	1.50
2	50	Christopher Roose	U15 B	Liverpool H	1.40
3	32	Joe Forrester	U15 B	Wirral AC	1.25

Pole Vault U15 Boys

1	50	Christopher Roose	U15 B	Liverpool H	2.20
2	107	Liam Edwards	U15 B	Wrexham	2.20

Long Jump U15 Boys (Indoor)

1	26	Andrew Burgess	U15 B	Wirral AC	5.68
2	132	Tony Corrigan	U15 B	Liverpool H	5.56
3	139	Jonathan Williams Lyall	U15 B	Menai T & F	5.32
4	27	Barry Conway	U15 B	Liverpool H	5.20
5	140	Matthew Wright	U15 B	Kendal AAC	4.68
6	111	Anthony Marsh	U15 B	St Helens Sutton	4.20
7	32	Joe Forrester	U15 B	Wirral AC	4.06
8	30	Stephen Duckers	U15 B	Wirral AC	3.94
9	125	Gavin Smith	U15 B	Liverpool H	2.21

Hammer U15 Boys

1	44	Liam Loyden	U15 B	Liverpool H	33.21
2	49	Adam Reynolds	U15 B	Liverpool H	32.83
3	101	Mike Ehlen	U15 B	St Helens Sutton	16.22
4	110	Michael Atkinson	U15 B	St Helens Sutton	13.04

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200m U13 & U15 Boys Race 1

1	35	Daniel Higham	U15 B	Liv Pembroke Sefton	24.7
2	47	Jack McGinn	U15 B	Liv Pembroke Sefton	25.1
3	36	Nathan Hilton	U15 B	Liv Pembroke Sefton	25.6
4	121	Ciaran Brennan	U15 B	Southport Waterloo	27.1
5	166	Tom Wright	U13 B	Liv Pembroke Sefton	29.1
6	10	Sean Dignam	U13 B	Liv Pembroke Sefton	29.9
7	179	Aarron Crowley	U13 B	Sale H	31.0

200m U13 & U15 Boys Race 2

1	111	Anthony Marsh	U15 B	St Helens Sutton	28.5
2	19	Jack Meredith	U13 B	Liverpool H	29.1
3	39	Craig O'Brien	U15 B	Wirral AC	29.1
4	15	Craig Jones	U13 B	Liverpool H	29.9
5	11	Sean Halpin	U13 B	Wirral AC	31.1
6	163	Jamie Francis	U13 B	Wirral AC	32.6
7	147	Philip O'Neill	U13 B	Wirral AC	33.0

200m U13 & U15 Boys Race 3

1	132	Tony Corrigan	U15 B	Liverpool H	24.1
2	131	Andrew Spence	U15 B	Liverpool H	24.3
3	125	Gavin Smith	U15 B	Liverpool H	27.5
4	155	Alex Hennessy	U15 B	Wirral AC	29.7
5	118	Daniel Howard	U15 B	Liverpool H	30.2
6	42	Samuel Jones	U15 B	Liverpool H	31.0

1500m U13 & U15 Boys

1	117	Harry Harper	U15 B	Liverpool H	04:43.2
2	159	Andrew Bowen	U15 B	Liv Pembroke Sefton	04:46.4
3	30	Stephen Duckers	U15 B	Wirral AC	05:01.3
4	164	Ricky James Challinor	U15 B	Deeside AC	05:05.1
5	12	Jake Helm	U13 B	Liv Pembroke Sefton	05:15.8
6	187	James Blackburn	U15 B	Liverpool H	05:18.8
7	29	Thomas Croft	U15 B	Liverpool H	05:23.7
8	46	Paul Martin	U15 B	Liv Pembroke Sefton	05:34.9
9	176	Timothy Finch	U13 B	Liverpool H	05:45.9
10	18	Adam Marteau	U13 B	Liverpool H	05:49.3
11	14	Tomas Hyland	U13 B	Liverpool H	05:59.7
12	20	Alex Metcalfe	U13 B	Liverpool H	06:18.4

Discus U15 Boys

1	148	Nick Cranfield	U15 B	Liverpool H	26.07
2	44	Liam Loyden	U15 B	Liverpool H	22.28
3	110	Michael Atkinson	U15 B	St Helens Sutton	18.87

Shot Put U15 Boys

1	44	Liam Loyden	U15 B	Liverpool H	11.35
2	21	Magnus Rannula	U13 B	Liverpool H	10.61
3	49	Adam Reynolds	U15 B	Liverpool H	10.38
4	28	Nick Cranfield	U15 B	Liverpool H	10.01
5	116	Conor Wright	U15 B	Liverpool H	7.21

Javelin U15 Boys

1	114	Niall Ellison	U17 M	Liverpool H	30.78
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800m U15 Boys

1	40	Samuel Hutchinson	U15 B	Liv Pembroke Sefton	02:11.5
2	37	David Hodgson	U15 B	Liv Pembroke Sefton	02:18.1
3	25	Dominic Bridge	U15 B	Liverpool H	02:19.1
4	48	Patrick McKeown	U15 B	Wirral AC	02:23.2
5	41	Russell Irving	U15 B	Liv Pembroke Sefton	02:26.2
6	192	Kieron Sloan	U15 B	Liv Pembroke Sefton	02:29.5
7	34	Stephen Gellet	U15 B	Southport Waterloo	02:33.7
8	43	Matthew Lloyd	U15 B	Liv Pembroke Sefton	02:45.3
9	194	Jack Hopley	U15 B	Liverpool H	02:54.6

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100m U13 Boys Race 1

1	15	Craig Jones	U13 B	Liverpool H	13.8
2	19	Jack Meredith	U13 B	Liverpool H	13.8
3	10	Sean Dignam	U13 B	Liv Pembroke Sefton	14.0
4	166	Tom Wright	U13 B	Liv Pembroke Sefton	14.0
5	24	Mark Winslade	U13 B	Liverpool H	14.3
6	179	Aarron Crowley	U13 B	Sale H	15.3
7	126	Patrick Mark Vis	U13 B	Southport Waterloo	16.1
8	127	Joseph Paul Vis	U13 B	Southport Waterloo	16.7

100m U13 Boys Race 2

1	11	Sean Halpin	U13 B	Wirral AC	14.3
2	163	Jamie Francis	U13 B	Wirral AC	15.0
3	147	Philip O'Neill	U13 B	Wirral AC	15.0

800m U13 Boys

1	16	Philip Leggett	U13 B	Liverpool H	02:36.8
2	24	Mark Winslade	U13 B	Liverpool H	02:44.0
3	126	Patrick Mark Vis	U13 B	Southport Waterloo	02:48.3
4	193	Michael Mc.Carten	U13 B	Liv Pembroke Sefton	02:50.1
5	13	Daniel Hyland	U13 B	Liverpool H	02:51.3
6	127	Joseph Paul Vis	U13 B	Southport Waterloo	02:58.8
7	17	James McGowan	U13 B	Liverpool H	03:05.5
8	22	David Russell	U13 B	Liverpool H	03:07.9

80m U11 Boys

1	1	Joshua Bowe	U11 B	Wirral AC	11.7
2	6	Daniel Metcalfe	U11 B	Liverpool H	11.8
3	112	Ryan Marsh	U11 B	St Helens Sutton	12.4
4	3	Matthew Devine	U11 B	Liverpool H	12.4
5	168	Liam Culkin	U11 B	Unattached	12.9
6	128	Sean William Vis	U11 B	Southport Waterloo	14.8

150m U11 Boys

1	1	Joshua Bowe	Wirral AC	22.3
2	6	Daniel Metcalfe	Liverpool H	22.5
3	5	Thomas Green	St Helens Sutton	23.0
4	3	Matthew Devine	Liverpool H	24.2
5	112	Ryan Marsh	St Helens Sutton	24.2
6	8	Jonathon Rogers		26.7

Long Jump U13 Boys (Indoor)

1	15	Craig Jones	U13 B	Liverpool H	4.61
2	20	Alex Metcalfe	U13 B	Liverpool H	3.88
3	24	Mark Winslade	U13 B	Liverpool H	3.85
4	126	Patrick Mark Vis	U13 B	Southport Waterloo	3.56
5	22	David Russell	U13 B	Liverpool H	3.46
6	154	Thomas Hughes	U13 B	Liv Pembroke Sefton	3.40

70m Hurdles U13 Boys

1	19	Jack Meredith	U13 B	Liverpool H	11.7
1	6	Daniel Metcalfe	U11 B	Liverpool H	13.9

600m U11 Boys

1	7	Jak McCourt	U11 B		02:01.3
2	4	James Dutton	U11 B	Liverpool H	02:06.7
3	9	Luke Towers	U11 B	Liverpool H	02:19.2
4	8	Jonathon Rogers	U11 B		02:19.3
5	128	Sean William Vis	U11 B	Southport Waterloo	02:26.4

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80m Hurdles Ladies (Vets)

1	168	Manndy Laing	SW	Northern Vets AC	12.0
2	146	Wendy Laing	SW	Northern Vets AC	12.4

400m Hurdles Women

1	115	Kathryn Dunn	JW	Liv H	69.0
2	167	Kathy Wellam	SW	Sale H	71.4

100m Women

1	175	Laura Heslop	SW	Wirral AC	12.6
2	161	Julie Money	SW	Derby AC	12.9
3	125	Kate McGing	JW	Liverpool H	13.0
4	90	Amy Weeder	U17 W	Liverpool H	13.3
5	166	Emma Knight	SW	Unattached	13.6
6	108	Emma Thought	SW	Liverpool H	13.8

200m Senior Women Race 1

1	110	Lisa-Marie Edwards	U17 W	Wrexham	25.7
2	146	Wendy Laing	SW	Northern Vets AC	28.3
3	150	Ella Taylor	U17 W	LPS	29.9
4	131	Helen Green	U17 W	Liverpool Pembroke & Sefton	30.0

200m Senior Women Race 2

1	125	Kate McGing	JW	Liverpool H	26.8
2	153	Victoria Griffiths	SW	Liverpool Harriers	26.9
3	149	Laura Holdsworth	SW	Liverpool Harriers	26.9
4	144	Leigh Newton	SW	Blackpool & Fylde AC	27.3
5	108	Emma Thought	SW	Liverpool H	29.3
6	167	Kathy Wellam	SW	Sale H	30.0

400m Women

1	171	Hana Carroll	SW	Liverpool Harriers	61.0
2	149	Laura Holdsworth	SW	Liverpool Harriers	61.4

800m Women

1	86	Melissa Ronan	U17 W	Liverpool H	02:31.4
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1500m Girls & Senior Women

1	162	Jessica Corrie Taylor	U17 W	Liverpool Harriers	04:56.4
2	155	Lucy Gemmell	U15 G	Warrington AC	05:07.8
3	165	Clare Murphy	U15 G	Liverpool Harriers	05:19.3
4	45	Olivia Desborough	U15 G	Liverpool H	05:19.6
5	164	Laura Murphy	U15 G	Liverpool Harriers	05:20.7
6	181	Kelly Money	U15 G	Warrington AC	05:21.1
7	186	Alison Draper	SW	Liverpool Harriers	05:27.8
8	145	Hayley Hughes	U17 W	Liverpool Harriers	05:29.8
9	96	Michelle King	JW	Liverpool H	05:31.2
10	154	Sarah Cartwright	U15 G	Warrington AC	05:34.5
11	85	Jade Rockwood	U17 W	Liverpool H	05:39.7
12	51	Sian Griffiths	U15 G	Liverpool H	05:42.9
13	177	Bethan Hardiman	U17 W	Liverpool Harriers	05:43.0
14	117	Abbi Morris	U15 G	Wrexham	05:46.0
15	172	Stephanie Swift	U17 W	LPS	05:52.9
16	88	Laura Turnham	U17 W	Liverpool H	05:55.7
17	55	Alicia Ierston	U15 G	Liverpool H	05:57.5

Hammer Senior Women

1	128	Lydia Morgan	SW	Liverpool H	48.89
2	142	Leanne Fairhurst	JW	Liverpool Harriers	30.82

Discus Senior Women

1	136	Kara Nwidobie	SW	Blackpool & Wigan Harriers	47.75
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Javelin Senior Women

1	168	Manndy Laing	SW	Northern Vets AC	30.72
2	146	Wendy Laing	SW	Northern Vets AC	29.09

Shot Put Women (Vets)

1	168	Manndy Laing	SW	Northern Vets AC	9.98
2	146	Wendy Laing	SW	Northern Vets AC	9.81

Triple Jump Women

1	101	Michelle Robbins	JW	Crewe	11.57
2	113	Jennie Woods	SW	Liv H	10.26
3	92	Natalie Abrahams	JW	Vale R	9.99
4	84	Michaela Penney	U17 W	Vale R	9.48

Long Jump Women

1	148	Liz Sweeney	JW	Liverpool Harriers	5.16
2	132	Rachael Green	U17 W	Liverpool Pembroke & Sefton	4.60
3	73	Rachel Bishop	U17 W	Liverpool H	4.45
4	76	Helen Croft	U17 W	Liverpool H	4.42
5	131	Helen Green	U17 W	Liverpool Pembroke & Sefton	4.33

High Jump Senior Women

1	147	Gayle O'Connor	SW	Liverpool Harriers	1.73
2	137	Claire Wright	SW	Liverpool Harriers	1.65
3	113	Jennie Woods	SW	Liv H	1.60

Pole Vault Senior Women

1	114	Michelle Sharrock	SW	Wigan H	3.30
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100m Hurdles Junior Women

1	148	Liz Sweeney	JW	Liverpool Harriers	16.3
2	102	Hazel Surguy-Price	JW	Deeside	19.7

300m H U17 Women

1	82	Caroline Morley		St Helens Sutton	46.9
2	124	Hannah Dyas		Wirral AC	50.4

80m Hurdles U17 Women

1	169	Victoria Garrad	U17 W	Wirral AC	11.7
2	139	Stephanie Brennan	U17 W	Liverpool Harriers	12.2
3	91	Rachel Winslade	U17 W	Liverpool H	13.2
4	151	Donia Elisabeth Alsaffar	U17 W	LPS	13.6
5	163	Joanna Kirkby	U17 W	Wirral AC	Disq

100m U17 Women

1	110	Lisa-Marie Edwards	U17 W	Wrexham	12.4
2	169	Victoria Garrad	U17 W	Wirral AC	12.7
3	183	Rachael Bundu	U17 W	Liverpool Harriers	13.3
4	79	Sarah Lewis	U17 W	St Helens Sutton	13.6
5	150	Ella Taylor	U17 W	LPS	13.7
6	184	Danielle Baker	U17 W	Liverpool Harriers	13.9
7	132	Rachael Green	U17 W	Liverpool Pembroke	14.0
8	77	Lauren Day	U17 W		14.3

300m U17 Women

1	90	Amy Weeder	U17 W	Liverpool H	45.2
2	121	Charlene Taylor	U17 W	Southport Waterloo	46.8
3	83	Michelle Mousley	U17 W	Liverpool H	48.6
4	76	Helen Croft	U17 W	Liverpool H	48.6

75m Hurdles U15 Girls

1	52	Ashley Helsby	U15 G	Liverpool H	11.4
2	41	Abbie Bennett	U15 G	Liverpool H	12.3
3	122	Danielle Rooney	U15 G	Preston H	12.7
4	44	Jessica Crety	U15 G	St Helens Sutton	12.8
5	179	Sarah Williams	U15 G	Liverpool Harriers	12.8
6	71	Rachel Taylor	U15 G	Liverpool H	12.9
7	54	Rachel Hutchinson	U15 G	St Helens Sutton	13.4

100m U15 Girls Race 1

1	52	Ashley Helsby	U15 G	Liverpool H	12.9
2	41	Abbie Bennett	U15 G	Liverpool H	13.3
3	71	Rachel Taylor	U15 G	Liverpool H	13.5
4	53	Rachel Hughes	U15 G	Liverpool H	13.9
5	122	Danielle Rooney	U15 G	Preston H	14.2
6	127	Hayley Gilbert	U15 G	Menai T & F	15.0
7	50	Charlotte Griffiths	U15 G	Liverpool H	15.3

100m U15 Girls Race 2

1	135	Robyn Rashford	U15 G	Sale	12.4
2	48	Carmen Gedling	U15 G	Liverpool H	12.6
3	185	Stephanie Lucy	U15 G	LPS	13.6
4	70	Jessica Smyth	U15 G	Liverpool H	14.2
5	49	Hannah Green	U15 G	St Helens Sutton	14.2
6	60	Courtney Lewney	U15 G	Liverpool H	14.5
7	67	Hannah Olson	U15 G	Liverpool H	14.8

High Jump Junior Women

1	148	Liz Sweeney	JW	Liverpool Harriers	1.70
2	102	Hazel Surguy-Price	JW	Deeside	1.60

Pole Vault Junior Women

1	99	Jennie Owens	JW	Liverpool H	1.70
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Discus Junior Women

1	97	Gemma Llewellyn	JW	Wigan	38.02
2	95	Faye Jones	JW	Liverpool H	25.58

Shot Put Junior Women

1	97	Gemma Llewellyn	JW	Wigan	10.85
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Javelin Junior Women

1	98	Kerri Massey	JW	Liv Pembroke Sefton	35.00
2	100	Anne Marie Penningto	JW	Liv Pembroke Sefton	30.17
3	102	Hazel Surguy-Price	JW	Deeside	22.42

Discus U17 Women

1	89	Natalie Walsh	U17 W	Liv Pembroke Sefton	33.84
2	75	Emily Clark	U17 W	Liverpool H	20.35

Shot Put U17 Women

1	80	Erin McCarthy	U17 W	Liverpool H	9.26
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Javelin U17 Women

1	81	Nicola McCauley	U17 W	Liverpool H	28.28
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Pole Vault U15 Girls

1	112	Stacey Blundell	U15 G	Wrexham	2.10
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Long Jump U15 Girls (Indoor)

1	69	Alex Russell	U15 G	Wirral AC	5.35
2	109	Danielle Sheen	U15 G	Liv H	4.48
3	122	Danielle Rooney	U15 G	Preston H	4.39
4	64	Samantha Mallon	U15 G	Liverpool H	4.33
5	54	Rachel Hutchinson	U15 G	St Helens Sutton	4.28
6	44	Jessica Crety	U15 G	St Helens Sutton	4.25
7	60	Courtney Lewney	U15 G	Liverpool H	4.06
8	49	Hannah Green	U15 G	St Helens Sutton	3.87
9	66	Samantha Nicholas	U15 G	St Helens Sutton	3.81

High Jump U15 Girls

1	45	Olivia Desborough	U15 G	Liverpool H	1.30
2	66	Samantha Nicholas	U15 G	St Helens Sutton	1.20

Discus U15 Girls

1	57	Vicky Johnson	U15 G	St Helens Sutton	22.94
2	40	Danielle Bate	U15 G	Liverpool H	18.42

Javelin U15 Girls

1	118	Rachael Fleary	U17 W	Carlisle Aspatria	28.65
2	56	Rebecca Kerr	U15 G	St Helens Sutton	16.59

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100m U15 Girls Race 3

1	69	Alex Russell	U15 G	Wirral AC	12.6
2	134	Zavia Hill	U15 G	Sale	12.9
3	138	Tneisia Majekodunmi	U15 G	Liverpool Harriers	13.7
4	43	Katie Brick	U15 G	Wirral AC	13.7
5	54	Rachel Hutchinson	U15 G	St Helens Sutton	13.7
6	47	Lauren Field	U15 G	Liverpool H	14.1
7	68	Kate Phillips	U15 G	Liverpool H	15.9

Shot Put U15 Girls

1	57	Vicky Johnson	U15 G	St Helens Sutton	9.38
2	40	Danielle Bate	U15 G	Liverpool H	8.82
3	46	Annie Dowling	U15 G	Liverpool H	8.16
4	56	Rebecca Kerr	U15 G	St Helens Sutton	6.62

200m U15 Girls Race 1

1	134	Zavia Hill	U15 G	Sale	27.5
2	138	Tneisia Majekodunmi	U15 G	Liverpool Harriers	28.2
3	156	Emma-Jane Jones	U15 G	Warrington AC	29.1
4	43	Katie Brick	U15 G	Wirral AC	29.5
5	70	Jessica Smyth	U15 G	Liverpool H	30.2
6	67	Hannah Olson	U15 G	Liverpool H	32.0

200m U15 Girls Race 3

1	71	Rachel Taylor	U15 G	Liverpool H	27.9
2	44	Jessica Crety	U15 G	St Helens Sutton	28.6
3	53	Rachel Hughes	U15 G	Liverpool H	30.0
4	116	Emma Hornsby	U15 G	Pendle AC	30.2
5	60	Courtney Lewney	U15 G	Liverpool H	30.4
6	50	Charlotte Griffiths	U15 G	Liverpool H	32.5

200m U15 Girls Race 2

1	48	Carmen Gedling	U15 G	Liverpool H	26.4
2	135	Robyn Rashford	U15 G	Sale	26.4
3	47	Lauren Field	U15 G	Liverpool H	30.8
4	49	Hannah Green	U15 G	St Helens Sutton	31.3
5	123	Faye Baldock	U15 G	Southport Waterloo	32.3
6	68	Kate Phillips	U15 G	Liverpool H	34.7

800m U15 Girls

1	64	Samantha Mallon	U15 G	Liverpool H	02:33.6
2	65	Helen Nelson	U15 G	Liverpool H	02:34.7
3	180	Ashley Blackburn	U15 G	Liverpool Harriers	02:38.0
4	116	Emma Hornsby	U15 G	Pendle AC	02:39.1
5	59	Danielle Leahy	U15 G	Liverpool H	02:40.0
6	61	Melissa Lynch	U15 G	Liverpool H	02:45.3
7	143	Kate Hughes	U15 G	LPS	02:49.3
8	123	Faye Baldock	U15 G	Southport Waterloo	02:49.9
9	156	Emma-Jane Jones	U15 G	Warrington AC	02:51.9

70m Hurdles U13 Girls

1	120	Harriet Lucy James	U13 G	Preston H	11.8
2	33	Michaela Routledge	U13 G	Liverpool H	12.1
3	9	Sophie Bell-Morgan	U13 G	Liverpool H	12.1
4	111	Laura Katie Edwards	U13 G	Wrexham	12.7

High Jump U13 Girls

1	9	Sophie Bell-Morgan	U13 G	Liverpool H	1.40
2	120	Harriet Lucy James	U13 G	Preston H	1.35
3	15	Leah Ellis	U13 G	Liverpool H	1.25
4	32	Kelly Rigby	U13 G	St Helens Sutton	1.25

80m U13 Girls Race 1

1	141	Bethany Hicken	U13 G	Warrington AC	10.9
2	34	Lisa Sabel	U13 G	Sale	11.2
3	129	Lauren Brennan	U13 G	Southport Waterloo	11.2
4	23	Eleanor Lewis	U13 G	Wirral AC	11.7
5	8	Sophie Battertonj	U13 G	Liverpool H	11.7
6	29	Sophie Mitchell	U13 G	Liverpool H	11.9
7	17	Sian Gilgeous	U13 G	Liverpool H	12.4

Long Jump U13 Girls (Indoor)

1	34	Lisa Sabel	U13 G	Sale	4.69
2	120	Harriet Lucy James	U13 G	Preston H	4.37
3	9	Sophie Bell-Morgan	U13 G	Liverpool H	4.29
4	8	Sophie Battertonj	U13 G	Liverpool H	3.90
5	33	Michaela Routledge	U13 G	Liverpool H	3.77
6	111	Laura Katie Edwards	U13 G	Wrexham	3.73
7	15	Leah Ellis	U13 G	Liverpool H	3.66
8	32	Kelly Rigby	U13 G	St Helens Sutton	3.64
9	130	Emma Lyons	U13 G	Southport Waterloo	3.52
10	39	Zoe Woodward	U13 G	St Helens Sutton	3.52
11	13	Claire Duckers	U13 G	Wirral AC	3.42
12	129	Lauren Brennan	U13 G	Southport Waterloo	3.30

80m U13 Girls Race 2

1	11	Faye Caskin	U13 G	Liverpool H	11.3
2	31	Ellie Quirk	U13 G	Liverpool H	11.6
3	30	Jessica Moore	U13 G	Liverpool H	11.6
4	32	Kelly Rigby	U13 G	St Helens Sutton	11.7
5	130	Emma Lyons	U13 G	Southport Waterloo	11.7
6	152	Rachel Dillon	U13 G	LPS	12.1
7	13	Claire Duckers	U13 G	Wirral AC	13.1

80m U13 Girls Race 3

1	12	Laura Crook	U13 G	St Helens Sutton	11.4
2	16	Kathryn Fearon	U13 G	Liverpool H	11.4
3	140	Heather Drillingcourt	U13 G	Sutton & St Helens	11.9
4	7	Samantha Astbury	U13 G	Liverpool H	11.9
5	36	Joanne Sturgeon	U13 G	St Helens Sutton	11.9
6	20	Stephanie Jones	U13 G	Liverpool H	12.0
7	25	Hollie McCarthy	U13 G	Liverpool H	12.2

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150m U13 Girls Race 1

1	141	Bethany Hicken	U13 G	Warrington AC	20.4
2	129	Lauren Brennan	U13 G	Southport Waterloo	21.0
3	12	Laura Crook	U13 G	St Helens Sutton	21.2
4	33	Michaela Routledge	U13 G	Liverpool H	21.7
5	31	Ellie Quirk	U13 G	Liverpool H	21.9
6	30	Jessica Moore	U13 G	Liverpool H	22.2
7	29	Sophie Mitchell	U13 G	Liverpool H	22.2

150m U13 Girls Race 2

1	23	Eleanor Lewis	U13 G	Wirral AC	22.0
2	39	Zoe Woodward	U13 G	St Helens Sutton	22.1
3	14	Georgina Dykstra	U13 G	Liverpool H	22.5
4	24	Rebecca Linney	U13 G	Liverpool H	22.5
5	7	Samantha Astbury	U13 G	Liverpool H	22.8
6	152	Rachel Dillon	U13 G	LPS	23.3

150m U13 Girls Race 3

1	34	Lisa Sabel	U13 G	Sale	21.1
2	26	Chelsea McCourt	U13 G	Liverpool H	21.2
3	11	Faye Caskin	U13 G	Liverpool H	21.8
4	140	Heather Drillingcourt	U13 G	Sutton & St Helens	22.7
5	16	Kathryn Fearon	U13 G	Liverpool H	22.7
6	130	Emma Lyons	U13 G	Southport Waterloo	23.2

150m U13 Girls Race 4

1	36	Joanne Sturgeon	U13 G	St Helens Sutton	22.6
2	20	Stephanie Jones	U13 G	Liverpool H	22.9
3	8	Sophie Battertonj	U13 G	Liverpool H	22.9
4	17	Sian Gilgeous	U13 G	Liverpool H	23.1
5	25	Hollie McCarthy	U13 G	Liverpool H	23.5
6	126	Marissa Pendlebury	U13 G	Warrington AC	24.3

800m U13 Girls

1	36	Joanne Sturgeon	U13 G	St Helens Sutton	02:31.2
2	26	Chelsea McCourt	U13 G	Liverpool H	02:31.6
3	24	Rebecca Linney	U13 G	Liverpool H	02:45.9
4	157	Emma Bowen	U13 G	LPS	02:47.0
5	12	Laura Crook	U13 G	St Helens Sutton	02:48.3
6	182	Lauren Money	U13 G	Warrington AC	02:49.0
7	28	Sarah Marteau	U13 G	Liverpool H	02:52.1
8	140	Heather Drillingcourt	U13 G	Sutton & St Helens	03:06.4

80m U11 Girls

1	176	Emily Brogan	U11 G	Sale H	11.7
2	6	Leah Walters	U11 G	Liverpool H	12.1
3	119	Amy Fairclough	U11 G	St H S	12.6
4	160	Sophie Money	U11 G	Wirral AC	12.9
5	4	Rebecca Preston	U11 G	Liverpool H	13.3
6	5	Chante Serrano	U11 G	XX	14.3

150m U11 Girls

1	176	Emily Brogan		Sale H	22.0
2	160	Sophie Money		Wirral AC	23.0
3	119	Amy Fairclough		St H S	23.8
4	1	Katie Duckers		Wirral AC	24.0
5	158	Hannah Whiteside		Liverpool Harriers	24.0
6	3	Chelsea Ierston		Liverpool H	25.7

1200m U13 Girls

1	39	Zoe Woodward	U13 G	St Helens Sutton	04:14.9
2	27	Chelsea McDonald	U13 G	Liverpool H	04:17.2
3	19	Aimee Heaton	U13 G	Liverpool H	04:26.2
4	22	Sophie Kelly	U13 G	Liverpool H	04:30.7
5	173	Victoria Swift	U13 G	LPS	04:34.5
6	174	Anna Schumacher	U13 G	Liverpool Harriers	04:36.5
7	18	Zoe Gunderson	U13 G	Liverpool H	04:51.5
8	170	Charlotte Harrison	U13 G	Liverpool Harriers	04:56.3

600m U11 Girls

1	119	Amy Fairclough	U11 G	St H S	02:02.8
2	158	Hannah Whiteside	U11 G	Liverpool Harriers	02:09.1
3	1	Katie Duckers	U11 G	Wirral AC	02:14.1
4	???				02:14.7
5	3	Chelsea Ierston	U11 G	Liverpool H	02:15.2
6	4	Rebecca Preston	U11 G	Liverpool H	02:27.3